US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:52	2.9	6:37	2.6			12:42	0.7	4:55	6:57	
2	Thu	6:44	2.8	7:29	2.6	12:57	1.0	1:38	0.7	4:54	6:58	
3	Fri	7:38	2.7	8:22	2.8	2:00	1.0	2:28	0.6	4:53	6:59	
4	Sat	8:34	2.7	9:13	2.9	2:55	0.8	3:12	0.5	4:51	7:00	
5	Sun	9:28	2.8	9:57	3.1	3:44	0.7	3:53	0.4	4:50	7:01	
6	Mon	10:14	2.9	10:34	3.3	4:29	0.5	4:33	0.3	4:49	7:02	
7	Tue	10:56	3.0	11:08	3.5	5:14	0.3	5:12	0.2	4:48	7:03	
8	Wed	11:34	3.0	11:40	3.7	5:58	0.1	5:52	0.2	4:46	7:04	
9	Thu			12:12	3.0	6:43	0.0	6:33	0.1	4:45	7:05	
10	Fri	12:14	3.8	12:53	3.0	7:28	-0.1	7:16	0.1	4:44	7:06	
11	Sat	12:52	3.8	1:38	3.0	8:12	-0.1	8:00	0.1	4:43	7:07	
12	Sun	1:36	3.8	2:31	2.9	8:57	-0.1	8:45	0.2	4:42	7:08	
13	Mon	2:28	3.7	3:31	2.9	9:46	0.0	9:35	0.3	4:41	7:09	
14	Tue	3:30	3.6	4:35	2.9	10:40	0.1	10:34	0.4	4:40	7:10	
15	Wed	4:37	3.5	5:36	3.0	11:41	0.1	11:47	0.5	4:39	7:11	
16	Thu	5:41	3.4	6:34	3.2			12:45	0.1	4:38	7:12	
17	Fri	6:42	3.3	7:32	3.3	1:02	0.5	1:45	0.1	4:37	7:13	
18	Sat	7:45	3.2	8:32	3.5	2:10	0.4	2:40	0.0	4:36	7:14	
19	Sun	8:49	3.2	9:29	3.7	3:11	0.2	3:32	-0.1	4:35	7:15	
20	Mon	9:49	3.2	10:20	3.8	4:07	0.1	4:20	-0.1	4:34	7:16	
21	Tue	10:42	3.2	11:06	3.9	4:59	0.0	5:08	-0.1	4:33	7:17	
22	Wed	11:31	3.2	11:50	3.9	5:50	-0.1	5:55	0.0	4:33	7:18	
23	Thu			12:17	3.1	6:38	-0.2	6:41	0.1	4:32	7:19	
24	Fri	12:32	3.9	1:04	3.1	7:25	-0.1	7:26	0.2	4:31	7:20	
25	Sat	1:14	3.8	1:52	2.9	8:09	-0.1	8:08	0.4	4:30	7:21	
26	Sun	1:58	3.6	2:42	2.8	8:52	0.1	8:49	0.5	4:30	7:22	
27	Mon	2:45	3.4	3:35	2.8	9:33	0.2	9:29	0.7	4:29	7:23	
28	Tue	3:36	3.2	4:27	2.7	10:16	0.4	10:13	0.9	4:28	7:23	
29	Wed	4:27	3.1	5:17	2.7	11:02	0.5	11:05	1.0	4:28	7:24	
30	Thu	5:15	3.0	6:02	2.7	11:52	0.6			4:27	7:25	
31	Fri	6:00	2.9	6:46	2.8	12:10	1.1	12:43	0.6	4:27	7:26	