US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1710

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:17	3.5	2:06	2.8	8:36	0.1	8:19	0.4	4:56	6:56	
2	Fri	1:51	3.5	2:50	2.7	9:15	0.2	8:55	0.4	4:54	6:58	
3	Sat	2:34	3.4	3:43	2.7	9:57	0.3	9:36	0.5	4:53	6:59	
4	Sun	3:27	3.3	4:41	2.7	10:47	0.3	10:28	0.6	4:52	7:00	
5	Mon	4:30	3.3	5:39	2.8	11:49	0.4	11:42	0.6	4:50	7:01	
6	Tue	5:35	3.2	6:35	3.0			12:55	0.3	4:49	7:02	
7	Wed	6:38	3.2	7:35	3.2	1:06	0.6	1:55	0.2	4:48	7:03	
8	Thu	7:45	3.2	8:37	3.4	2:17	0.4	2:50	0.0	4:47	7:04	
9	Fri	8:53	3.2	9:35	3.7	3:19	0.2	3:42	-0.1	4:46	7:05	
10	Sat	9:56	3.3	10:28	4.0	4:17	-0.1	4:32	-0.2	4:44	7:06	
11	Sun	10:51	3.4	11:17	4.1	5:11	-0.3	5:22	-0.3	4:43	7:07	
12	Mon	11:43	3.4			6:05	-0.4	6:13	-0.3	4:42	7:08	
13	Tue	12:05	4.2	12:34	3.4	6:57	-0.4	7:03	-0.2	4:41	7:09	
14	Wed	12:53	4.1	1:26	3.3	7:47	-0.4	7:52	-0.1	4:40	7:10	
15	Thu	1:42	3.9	2:22	3.1	8:36	-0.3	8:40	0.1	4:39	7:11	
16	Fri	2:35	3.7	3:20	3.0	9:23	-0.1	9:28	0.4	4:38	7:12	
17	Sat	3:30	3.5	4:18	2.9	10:13	0.1	10:18	0.6	4:37	7:13	
18	Sun	4:27	3.3	5:13	2.9	11:05	0.3	11:16	0.8	4:36	7:14	
19	Mon	5:21	3.1	6:04	2.8			12:01	0.4	4:35	7:15	
20	Tue	6:11	3.0	6:53	2.9	12:21	0.9	12:56	0.5	4:34	7:16	
21	Wed	7:01	2.9	7:42	2.9	1:24	0.9	1:47	0.5	4:34	7:17	
22	Thu	7:53	2.8	8:32	3.0	2:21	0.9	2:33	0.5	4:33	7:18	
23	Fri	8:48	2.7	9:20	3.2	3:13	0.7	3:16	0.5	4:32	7:19	
24	Sat	9:40	2.7	10:04	3.3	3:59	0.6	3:56	0.4	4:31	7:20	
25	Sun	10:27	2.8	10:42	3.5	4:44	0.5	4:36	0.4	4:31	7:21	
26	Mon	11:09	2.8	11:16	3.6	5:28	0.3	5:16	0.4	4:30	7:21	
27	Tue	11:49	2.9	11:49	3.6	6:12	0.2	5:57	0.4	4:29	7:22	
28	Wed			12:28	2.9	6:56	0.1	6:40	0.4	4:29	7:23	
29	Thu	12:21	3.7	1:08	2.9	7:39	0.1	7:22	0.4	4:28	7:24	
30	Fri	12:56	3.7	1:51	2.8	8:20	0.0	8:04	0.4	4:27	7:25	
31	Sat	1:37	3.7	2:40	2.8	9:02	0.0	8:47	0.4	4:27	7:26	