US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 1710

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:05	3.0	9:24	2.7	3:03	0.4	3:45	0.5	7:07	4:30	
2	Tue	9:51	3.2	10:13	2.7	3:44	0.4	4:30	0.4	7:08	4:30	
3	Wed	10:32	3.3	10:56	2.7	4:24	0.3	5:14	0.3	7:09	4:30	
4	Thu	11:09	3.4	11:36	2.8	5:04	0.3	5:57	0.2	7:10	4:30	
5	Fri	11:42	3.4			5:45	0.2	6:40	0.1	7:11	4:29	
6	Sat	12:15	2.8	12:14	3.5	6:26	0.2	7:22	0.0	7:12	4:29	
7	Sun	12:52	2.7	12:46	3.5	7:07	0.2	8:03	0.0	7:13	4:29	
8	Mon	1:31	2.7	1:21	3.4	7:46	0.2	8:42	0.0	7:14	4:29	
9	Tue	2:14	2.7	2:02	3.4	8:26	0.2	9:22	0.0	7:15	4:29	
10	Wed	3:02	2.7	2:51	3.3	9:07	0.2	10:04	0.0	7:16	4:29	
11	Thu	3:55	2.7	3:47	3.2	9:54	0.3	10:52	0.1	7:17	4:29	
12	Fri	4:50	2.8	4:47	3.1	10:53	0.4	11:48	0.1	7:18	4:29	
13	Sat	5:44	3.0	5:46	3.0			12:08	0.4	7:18	4:30	
14	Sun	6:38	3.1	6:45	2.9	12:48	0.1	1:23	0.3	7:19	4:30	
15	Mon	7:36	3.3	7:50	2.9	1:48	0.0	2:30	0.2	7:20	4:30	
16	Tue	8:38	3.5	8:59	2.9	2:45	-0.1	3:31	0.0	7:21	4:30	
17	Wed	9:38	3.7	10:03	2.9	3:39	-0.2	4:27	-0.2	7:21	4:31	
18	Thu	10:34	3.8	11:00	3.0	4:33	-0.3	5:22	-0.4	7:22	4:31	
19	Fri	11:25	3.9	11:53	3.1	5:26	-0.3	6:15	-0.5	7:23	4:31	
20	Sat			12:14	3.9	6:20	-0.3	7:07	-0.5	7:23	4:32	
21	Sun	12:44	3.1	1:03	3.8	7:11	-0.3	7:55	-0.5	7:24	4:32	
22	Mon	1:36	3.0	1:53	3.6	8:00	-0.2	8:41	-0.4	7:24	4:33	
23	Tue	2:29	2.9	2:43	3.4	8:46	-0.1	9:25	-0.3	7:25	4:33	
24	Wed	3:22	2.8	3:35	3.2	9:32	0.1	10:09	-0.1	7:25	4:34	
25	Thu	4:15	2.8	4:26	3.0	10:20	0.3	10:54	0.1	7:25	4:34	
26	Fri	5:05	2.7	5:14	2.8	11:13	0.5	11:42	0.2	7:26	4:35	
27	Sat	5:51	2.7	6:01	2.6			12:15	0.7	7:26	4:36	
28	Sun	6:36	2.7	6:49	2.5	12:33	0.4	1:18	0.7	7:26	4:37	
29	Mon	7:23	2.7	7:42	2.3	1:23	0.4	2:17	0.6	7:27	4:37	
30	Tue	8:14	2.8	8:40	2.3	2:13	0.4	3:10	0.5	7:27	4:38	
31	Wed	9:07	2.8	9:39	2.3	3:01	0.4	4:00	0.4	7:27	4:39	