US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1711

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:32	3.3	6:57	-0.4	7:02	-0.2	4:27	7:26	
2	Tue	12:51	4.2	1:29	3.3	7:50	-0.5	7:55	-0.1	4:26	7:27	
3	Wed	1:46	4.1	2:28	3.3	8:40	-0.4	8:47	0.0	4:26	7:28	
4	Thu	2:43	3.9	3:29	3.2	9:29	-0.3	9:39	0.2	4:25	7:28	
5	Fri	3:41	3.7	4:28	3.2	10:20	-0.1	10:34	0.5	4:25	7:29	
6	Sat	4:38	3.5	5:22	3.2	11:13	0.1	11:35	0.6	4:25	7:30	
7	Sun	5:31	3.3	6:12	3.2			12:07	0.2	4:24	7:30	
8	Mon	6:21	3.1	7:00	3.2	12:39	0.7	1:01	0.4	4:24	7:31	
9	Tue	7:11	2.9	7:48	3.2	1:40	0.8	1:51	0.4	4:24	7:32	
10	Wed	8:04	2.8	8:38	3.2	2:35	0.7	2:37	0.5	4:24	7:32	
11	Thu	9:00	2.7	9:27	3.3	3:26	0.6	3:21	0.5	4:23	7:33	
12	Fri	9:53	2.7	10:12	3.4	4:13	0.5	4:03	0.5	4:23	7:33	
13	Sat	10:40	2.8	10:53	3.5	4:58	0.4	4:45	0.5	4:23	7:34	
14	Sun	11:24	2.8	11:30	3.6	5:43	0.3	5:27	0.5	4:23	7:34	
15	Mon			12:05	2.8	6:27	0.2	6:10	0.5	4:23	7:35	
16	Tue	12:04	3.6	12:46	2.8	7:09	0.2	6:53	0.5	4:23	7:35	
17	Wed	12:37	3.6	1:27	2.8	7:50	0.1	7:35	0.5	4:23	7:35	
18	Thu	1:10	3.6	2:08	2.8	8:28	0.1	8:14	0.5	4:23	7:36	
19	Fri	1:46	3.5	2:52	2.9	9:06	0.1	8:53	0.5	4:23	7:36	
20	Sat	2:28	3.5	3:38	2.9	9:43	0.1	9:35	0.5	4:24	7:36	
21	Sun	3:17	3.4	4:25	3.1	10:22	0.2	10:25	0.6	4:24	7:37	
22	Mon	4:11	3.3	5:13	3.2	11:07	0.2	11:28	0.6	4:24	7:37	
23	Tue	5:07	3.2	6:02	3.4			12:01	0.2	4:24	7:37	
24	Wed	6:03	3.1	6:54	3.6	12:41	0.6	1:00	0.2	4:24	7:37	
25	Thu	7:03	3.0	7:52	3.7	1:52	0.5	2:00	0.2	4:25	7:37	
26	Fri	8:11	3.0	8:55	3.8	2:56	0.3	3:00	0.1	4:25	7:37	
27	Sat	9:23	3.0	9:57	4.0	3:55	0.1	3:57	0.0	4:25	7:37	
28	Sun	10:28	3.1	10:53	4.1	4:52	-0.1	4:54	0.0	4:26	7:37	
29	Mon	11:25	3.2	11:46	4.2	5:48	-0.2	5:51	0.0	4:26	7:37	
30	Tue			12:20	3.3	6:41	-0.3	6:46	0.0	4:27	7:37	