US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1711

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:38	4.1	1:15	3.3	7:33	-0.4	7:39	0.0	4:27	7:37	
2	Thu	1:30	4.0	2:10	3.3	8:21	-0.4	8:29	0.1	4:28	7:37	
3	Fri	2:22	3.8	3:05	3.3	9:06	-0.3	9:18	0.3	4:28	7:37	
4	Sat	3:15	3.6	3:58	3.3	9:51	-0.1	10:07	0.5	4:29	7:37	
5	Sun	4:07	3.4	4:49	3.2	10:36	0.1	11:00	0.6	4:29	7:37	
6	Mon	4:57	3.2	5:35	3.2	11:22	0.3	11:59	0.8	4:30	7:36	
7	Tue	5:45	3.0	6:20	3.2			12:11	0.5	4:31	7:36	
8	Wed	6:32	2.8	7:04	3.2	1:00	0.9	1:00	0.6	4:31	7:36	
9	Thu	7:22	2.7	7:52	3.2	1:58	0.8	1:50	0.7	4:32	7:35	
10	Fri	8:17	2.6	8:44	3.2	2:52	0.8	2:38	0.7	4:33	7:35	
11	Sat	9:16	2.6	9:36	3.3	3:42	0.7	3:26	0.7	4:33	7:34	
12	Sun	10:11	2.6	10:23	3.4	4:29	0.6	4:12	0.6	4:34	7:34	
13	Mon	10:58	2.7	11:04	3.5	5:15	0.4	4:58	0.6	4:35	7:33	
14	Tue	11:41	2.9	11:41	3.6	5:59	0.3	5:44	0.5	4:36	7:33	
15	Wed			12:21	2.9	6:43	0.2	6:30	0.4	4:37	7:32	
16	Thu	12:16	3.7	1:00	3.0	7:24	0.1	7:14	0.4	4:37	7:32	
17	Fri	12:52	3.7	1:40	3.1	8:03	0.0	7:57	0.3	4:38	7:31	
18	Sat	1:30	3.7	2:21	3.2	8:40	0.0	8:40	0.3	4:39	7:30	
19	Sun	2:12	3.6	3:07	3.3	9:17	0.0	9:24	0.3	4:40	7:30	
20	Mon	3:00	3.5	3:55	3.4	9:55	0.0	10:13	0.4	4:41	7:29	
21	Tue	3:53	3.4	4:46	3.5	10:38	0.1	11:13	0.5	4:42	7:28	
22	Wed	4:50	3.2	5:39	3.6	11:29	0.2			4:43	7:27	
23	Thu	5:48	3.1	6:33	3.7	12:24	0.5	12:32	0.3	4:43	7:27	
24	Fri	6:49	3.0	7:33	3.7	1:35	0.5	1:39	0.3	4:44	7:26	
25	Sat	7:58	2.9	8:40	3.8	2:41	0.4	2:44	0.3	4:45	7:25	
26	Sun	9:13	2.9	9:46	3.9	3:42	0.2	3:44	0.2	4:46	7:24	
27	Mon	10:19	3.1	10:44	4.0	4:38	0.1	4:42	0.1	4:47	7:23	
28	Tue	11:16	3.2	11:35	4.0	5:32	-0.1	5:38	0.1	4:48	7:22	
29	Wed			12:07	3.4	6:23	-0.2	6:31	0.1	4:49	7:21	
30	Thu	12:24	4.0	12:56	3.4	7:11	-0.3	7:22	0.1	4:50	7:20	
31	Fri	1:11	3.9	1:45	3.5	7:56	-0.3	8:09	0.2	4:51	7:19	