US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1711

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:15	2.6	3:45	3.1	9:42	0.8	11:02	0.7	6:31	4:55	
2	Mon	5:07	2.6	4:40	3.1	10:27	0.9			6:32	4:54	
3	Tue	5:56	2.6	5:37	3.0	12:03	0.8	11:36 AM	1.0	6:34	4:52	
4	Wed	6:44	2.7	6:34	3.1	1:04	0.7	1:03	0.9	6:35	4:51	
5	Thu	7:36	2.9	7:35	3.1	1:59	0.6	2:12	0.7	6:36	4:50	
6	Fri	8:31	3.2	8:39	3.2	2:49	0.4	3:11	0.5	6:37	4:49	
7	Sat	9:25	3.5	9:40	3.3	3:36	0.2	4:05	0.2	6:39	4:48	
8	Sun	10:14	3.9	10:33	3.4	4:22	0.0	4:58	-0.1	6:40	4:47	
9	Mon	11:01	4.1	11:23	3.5	5:09	-0.2	5:51	-0.3	6:41	4:46	
10	Tue	11:48	4.3			5:58	-0.3	6:44	-0.4	6:42	4:45	
11	Wed	12:13	3.5	12:37	4.3	6:50	-0.3	7:37	-0.5	6:44	4:44	
12	Thu	1:06	3.4	1:29	4.2	7:41	-0.3	8:28	-0.4	6:45	4:43	
13	Fri	2:03	3.3	2:27	4.0	8:33	-0.2	9:20	-0.3	6:46	4:42	
14	Sat	3:07	3.2	3:30	3.8	9:26	0.0	10:14	-0.1	6:47	4:41	
15	Sun	4:13	3.1	4:34	3.6	10:24	0.3	11:14	0.1	6:48	4:40	
16	Mon	5:16	3.1	5:34	3.4	11:30	0.5			6:50	4:39	
17	Tue	6:15	3.1	6:31	3.2	12:17	0.2	12:41	0.6	6:51	4:38	
18	Wed	7:11	3.1	7:27	3.1	1:18	0.2	1:47	0.6	6:52	4:37	
19	Thu	8:07	3.1	8:24	3.0	2:13	0.2	2:45	0.5	6:53	4:37	
20	Fri	9:01	3.2	9:19	2.9	3:01	0.2	3:38	0.4	6:55	4:36	
21	Sat	9:49	3.3	10:09	2.9	3:46	0.2	4:25	0.3	6:56	4:35	
22	Sun	10:32	3.4	10:53	2.9	4:27	0.2	5:10	0.2	6:57	4:35	
23	Mon	11:10	3.5	11:34	2.9	5:07	0.2	5:53	0.2	6:58	4:34	
24	Tue	11:46	3.5			5:46	0.2	6:36	0.1	6:59	4:33	
25	Wed	12:13	2.9	12:20	3.5	6:26	0.2	7:17	0.1	7:00	4:33	
26	Thu	12:52	2.9	12:53	3.5	7:05	0.3	7:56	0.1	7:02	4:32	
27	Fri	1:32	2.8	1:24	3.4	7:42	0.3	8:34	0.2	7:03	4:32	
28	Sat	2:13	2.7	1:56	3.3	8:17	0.4	9:11	0.2	7:04	4:31	
29	Sun	2:57	2.6	2:31	3.2	8:51	0.5	9:48	0.3	7:05	4:31	
30	Mon	3:43	2.6	3:13	3.1	9:26	0.6	10:27	0.4	7:06	4:31	