US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1712

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:39	3.2	7:15	2.6	12:45	0.2	1:50	0.1	6:34	5:50	
2	Wed	7:51	3.1	8:30	2.6	2:01	0.2	2:55	0.0	6:32	5:51	
3	Thu	9:04	3.2	9:40	2.8	3:08	0.0	3:53	-0.2	6:30	5:52	
4	Fri	10:07	3.3	10:38	3.1	4:08	-0.1	4:45	-0.3	6:29	5:54	
5	Sat	11:00	3.5	11:27	3.3	5:03	-0.3	5:35	-0.5	6:27	5:55	
6	Sun	11:47	3.5			5:54	-0.4	6:21	-0.6	6:26	5:56	
7	Mon	12:11	3.4	12:30	3.5	6:43	-0.4	7:05	-0.6	6:24	5:57	
8	Tue	12:53	3.5	1:13	3.4	7:29	-0.4	7:46	-0.5	6:22	5:58	
9	Wed	1:34	3.5	1:56	3.3	8:12	-0.4	8:23	-0.3	6:21	5:59	
10	Thu	2:14	3.4	2:39	3.1	8:52	-0.2	8:59	-0.1	6:19	6:00	
11	Fri	2:55	3.2	3:25	2.9	9:33	0.0	9:32	0.1	6:17	6:02	
12	Sat	3:37	3.1	4:13	2.7	10:14	0.2	10:05	0.3	6:16	6:03	
13	Sun	4:21	2.9	5:02	2.5	11:02	0.4	10:42	0.5	6:14	6:04	
14	Mon	5:07	2.8	5:52	2.4			12:01	0.6	6:12	6:05	
15	Tue	5:56	2.7	6:45	2.3			1:08	0.7	6:10	6:06	
16	Wed	6:49	2.6	7:43	2.3	12:53	0.8	2:09	0.6	6:09	6:07	
17	Thu	7:51	2.6	8:45	2.4	2:04	0.8	3:03	0.5	6:07	6:08	
18	Fri	8:57	2.7	9:41	2.6	3:02	0.6	3:50	0.4	6:05	6:09	
19	Sat	9:52	2.9	10:26	2.8	3:54	0.4	4:34	0.2	6:04	6:11	
20	Sun	10:36	3.1	11:05	3.1	4:42	0.2	5:16	0.0	6:02	6:12	
21	Mon	11:16	3.2	11:41	3.4	5:28	0.0	5:57	-0.2	6:00	6:13	
22	Tue	11:54	3.3			6:15	-0.2	6:37	-0.3	5:59	6:14	
23	Wed	12:17	3.6	12:33	3.4	7:01	-0.4	7:18	-0.4	5:57	6:15	
24	Thu	12:55	3.7	1:15	3.3	7:47	-0.5	7:58	-0.4	5:55	6:16	
25	Fri	1:37	3.8	2:01	3.2	8:32	-0.5	8:40	-0.3	5:53	6:17	
26	Sat	2:25	3.7	2:54	3.1	9:19	-0.4	9:24	-0.2	5:52	6:18	
27	Sun	3:20	3.6	3:56	2.9	10:11	-0.2	10:15	0.0	5:50	6:19	
28	Mon	4:22	3.5	5:01	2.8	11:13	0.0	11:20	0.2	5:48	6:20	
29	Tue	5:26	3.4	6:06	2.8			12:23	0.1	5:47	6:21	
30	Wed	6:31	3.3	7:11	2.8	12:38	0.3	1:32	0.1	5:45	6:23	
31	Thu	7:38	3.2	8:19	2.9	1:51	0.3	2:35	0.1	5:43	6:24	