US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1716

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:15	3.0	11:27	3.6	5:27	0.3	5:29	0.5	4:53	7:17	
2	Sun	11:54	3.1			6:10	0.2	6:13	0.4	4:54	7:16	
3	Mon	12:03	3.7	12:31	3.2	6:51	0.1	6:57	0.3	4:55	7:15	
4	Tue	12:38	3.7	1:06	3.3	7:30	0.0	7:39	0.3	4:56	7:13	
5	Wed	1:12	3.7	1:42	3.3	8:08	0.0	8:19	0.3	4:57	7:12	
6	Thu	1:49	3.6	2:20	3.4	8:44	0.0	9:00	0.3	4:58	7:11	
7	Fri	2:32	3.5	3:05	3.5	9:20	0.0	9:44	0.4	4:59	7:10	
8	Sat	3:21	3.4	3:56	3.5	9:59	0.1	10:36	0.5	5:00	7:09	
9	Sun	4:17	3.3	4:51	3.6	10:46	0.2	11:42	0.5	5:01	7:07	
10	Mon	5:16	3.2	5:47	3.6	11:46	0.3			5:02	7:06	
11	Tue	6:17	3.1	6:47	3.7	12:55	0.5	12:56	0.3	5:03	7:05	
12	Wed	7:22	3.1	7:53	3.7	2:03	0.4	2:05	0.3	5:04	7:03	
13	Thu	8:33	3.2	9:02	3.8	3:05	0.3	3:08	0.2	5:05	7:02	
14	Fri	9:41	3.3	10:05	3.9	4:02	0.1	4:07	0.1	5:06	7:00	
15	Sat	10:40	3.5	11:00	4.0	4:56	-0.1	5:03	0.0	5:07	6:59	
16	Sun	11:32	3.7	11:49	4.1	5:48	-0.3	5:57	-0.1	5:08	6:58	
17	Mon			12:22	3.8	6:37	-0.4	6:49	-0.1	5:09	6:56	
18	Tue	12:37	4.0	1:10	3.8	7:24	-0.4	7:38	-0.1	5:10	6:55	
19	Wed	1:24	3.9	1:58	3.8	8:09	-0.3	8:24	0.0	5:11	6:53	
20	Thu	2:11	3.7	2:46	3.7	8:51	-0.1	9:09	0.2	5:12	6:52	
21	Fri	3:00	3.5	3:35	3.6	9:32	0.1	9:54	0.4	5:14	6:50	
22	Sat	3:50	3.3	4:24	3.5	10:13	0.3	10:43	0.6	5:15	6:49	
23	Sun	4:41	3.1	5:12	3.4	10:57	0.6	11:38	0.8	5:16	6:47	
24	Mon	5:30	2.9	5:59	3.3	11:47	0.8			5:17	6:46	
25	Tue	6:20	2.8	6:47	3.2	12:39	0.9	12:45	0.9	5:18	6:44	
26	Wed	7:12	2.7	7:39	3.2	1:39	0.9	1:44	0.9	5:19	6:42	
27	Thu	8:10	2.7	8:35	3.2	2:34	0.8	2:39	0.9	5:20	6:41	
28	Fri	9:09	2.8	9:30	3.3	3:24	0.7	3:29	0.8	5:21	6:39	
29	Sat	10:01	2.9	10:17	3.5	4:10	0.6	4:16	0.7	5:22	6:38	
30	Sun	10:45	3.1	10:57	3.6	4:53	0.4	5:02	0.5	5:23	6:36	
31	Mon	11:23	3.3	11:35	3.7	5:35	0.2	5:47	0.4	5:24	6:34	