US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1717

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:29	3.2	8:55	3.8	3:02	0.3	3:06	0.3	5:25	6:33	
2	Thu	9:37	3.4	9:59	4.0	3:59	0.1	4:06	0.1	5:26	6:31	
3	Fri	10:36	3.7	10:55	4.1	4:52	-0.1	5:02	-0.1	5:27	6:30	
4	Sat	11:28	3.9	11:46	4.2	5:43	-0.3	5:57	-0.2	5:28	6:28	
5	Sun			12:18	4.1	6:33	-0.4	6:50	-0.3	5:29	6:26	
6	Mon	12:35	4.2	1:07	4.1	7:22	-0.5	7:41	-0.3	5:30	6:25	
7	Tue	1:24	4.0	1:57	4.0	8:08	-0.4	8:30	-0.2	5:31	6:23	
8	Wed	2:15	3.8	2:48	3.9	8:52	-0.2	9:17	0.0	5:32	6:21	
9	Thu	3:08	3.6	3:40	3.8	9:37	0.0	10:06	0.3	5:33	6:19	
10	Fri	4:03	3.4	4:33	3.6	10:23	0.3	11:00	0.5	5:34	6:18	
11	Sat	4:57	3.1	5:24	3.5	11:14	0.6	11:59	0.7	5:35	6:16	
12	Sun	5:50	3.0	6:15	3.3			12:12	0.8	5:36	6:14	
13	Mon	6:43	2.9	7:07	3.3	1:01	0.8	1:12	0.9	5:37	6:13	
14	Tue	7:38	2.8	8:02	3.2	2:00	0.8	2:10	0.9	5:38	6:11	
15	Wed	8:36	2.8	8:58	3.3	2:52	0.7	3:03	0.9	5:39	6:09	
16	Thu	9:31	3.0	9:50	3.4	3:39	0.6	3:51	0.7	5:40	6:07	
17	Fri	10:19	3.1	10:34	3.5	4:23	0.5	4:36	0.6	5:41	6:06	
18	Sat	11:00	3.3	11:13	3.6	5:04	0.4	5:20	0.5	5:42	6:04	
19	Sun	11:36	3.4	11:49	3.6	5:44	0.2	6:03	0.4	5:43	6:02	
20	Mon			12:09	3.6	6:24	0.1	6:45	0.3	5:44	6:00	
21	Tue	12:23	3.6	12:40	3.6	7:02	0.1	7:26	0.2	5:45	5:59	
22	Wed	12:56	3.6	1:10	3.7	7:38	0.1	8:07	0.2	5:46	5:57	
23	Thu	1:31	3.5	1:44	3.7	8:14	0.1	8:47	0.2	5:48	5:55	
24	Fri	2:11	3.4	2:25	3.7	8:50	0.2	9:29	0.3	5:49	5:54	
25	Sat	3:00	3.3	3:15	3.7	9:28	0.3	10:19	0.4	5:50	5:52	
26	Sun	3:59	3.2	4:14	3.6	10:14	0.4	11:22	0.5	5:51	5:50	
27	Mon	5:03	3.1	5:19	3.6	11:17	0.5			5:52	5:48	
28	Tue	6:06	3.1	6:24	3.6	12:34	0.5	12:36	0.6	5:53	5:47	
29	Wed	7:11	3.2	7:32	3.6	1:42	0.4	1:50	0.5	5:54	5:45	
30	Thu	8:19	3.3	8:42	3.7	2:44	0.3	2:55	0.3	5:55	5:43	