US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1718

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**5:32**	3.3	**6:03**	3.7			**12:00**	0.4	5:24	6:33	
2	Fri	**6:28**	3.1	**6:58**	3.5	**12:45**	0.5	**1:02**	0.5	5:25	6:32	
3	Sat	**7:26**	3.0	**7:55**	3.4	**1:48**	0.6	**2:02**	0.6	5:27	6:30	
4	Sun	**8:27**	3.0	**8:53**	3.4	**2:46**	0.5	**2:58**	0.7	5:28	6:28	
5	Mon	**9:25**	3.0	**9:47**	3.5	**3:38**	0.5	**3:48**	0.6	5:29	6:27	
6	Tue	**10:16**	3.1	**10:34**	3.6	**4:24**	0.4	**4:35**	0.5	5:30	6:25	
7	Wed	**11:01**	3.2	**11:16**	3.6	**5:07**	0.3	**5:19**	0.5	5:31	6:23	
8	Thu	**11:40**	3.4	**11:54**	3.6	**5:48**	0.2	**6:03**	0.4	5:32	6:22	
9	Fri			**12:17**	3.4	**6:28**	0.2	**6:45**	0.4	5:33	6:20	
10	Sat	**12:30**	3.6	**12:52**	3.5	**7:06**	0.2	**7:25**	0.4	5:34	6:18	
11	Sun	**1:05**	3.5	**1:25**	3.5	**7:42**	0.2	**8:03**	0.4	5:35	6:16	
12	Mon	**1:39**	3.4	**1:56**	3.4	**8:15**	0.2	**8:39**	0.5	5:36	6:15	
13	Tue	**2:11**	3.3	**2:24**	3.4	**8:45**	0.3	**9:14**	0.5	5:37	6:13	
14	Wed	**2:46**	3.2	**2:56**	3.4	**9:14**	0.4	**9:50**	0.6	5:38	6:11	
15	Thu	**3:27**	3.0	**3:38**	3.4	**9:45**	0.5	**10:34**	0.7	5:39	6:10	
16	Fri	**4:18**	3.0	**4:29**	3.4	**10:24**	0.6	**11:38**	0.8	5:40	6:08	
17	Sat	**5:15**	2.9	**5:27**	3.4	**11:21**	0.7			5:41	6:06	
18	Sun	**6:15**	2.9	**6:29**	3.5	**12:55**	0.8	**12:43**	0.7	5:42	6:04	
19	Mon	**7:20**	3.0	**7:37**	3.6	**2:03**	0.6	**2:01**	0.6	5:43	6:03	
20	Tue	**8:30**	3.2	**8:49**	3.7	**3:02**	0.4	**3:07**	0.4	5:44	6:01	
21	Wed	**9:35**	3.5	**9:54**	3.9	**3:56**	0.1	**4:06**	0.1	5:45	5:59	
22	Thu	**10:32**	3.8	**10:50**	4.1	**4:48**	-0.1	**5:02**	-0.1	5:46	5:57	
23	Fri	**11:23**	4.1	**11:41**	4.2	**5:38**	-0.3	**5:56**	-0.3	5:47	5:56	
24	Sat			**12:12**	4.2	**6:28**	-0.5	**6:50**	-0.4	5:48	5:54	
25	Sun	**12:31**	4.2	**1:02**	4.3	**7:17**	-0.5	**7:42**	-0.4	5:49	5:52	
26	Mon	**1:22**	4.1	**1:53**	4.2	**8:04**	-0.5	**8:32**	-0.3	5:50	5:50	
27	Tue	**2:15**	3.9	**2:46**	4.1	**8:51**	-0.3	**9:22**	-0.1	5:52	5:49	
28	Wed	**3:12**	3.6	**3:42**	3.9	**9:39**	0.0	**10:14**	0.1	5:53	5:47	
29	Thu	**4:11**	3.4	**4:39**	3.7	**10:30**	0.3	**11:12**	0.4	5:54	5:45	
30	Fri	**5:10**	3.2	**5:34**	3.6	**11:27**	0.6			5:55	5:44	