US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 1718

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**7:34**	2.8	**7:48**	2.7	**1:41**	0.5	**2:13**	0.8	7:07	4:30	
2	Fri	**8:26**	2.9	**8:43**	2.7	**2:29**	0.4	**3:05**	0.6	7:08	4:30	
3	Sat	**9:16**	3.0	**9:35**	2.8	**3:14**	0.3	**3:53**	0.5	7:09	4:30	
4	Sun	**10:01**	3.2	**10:22**	2.9	**3:57**	0.2	**4:38**	0.3	7:10	4:30	
5	Mon	**10:40**	3.3	**11:03**	2.9	**4:39**	0.1	**5:23**	0.1	7:11	4:29	
6	Tue	**11:15**	3.5	**11:42**	3.0	**5:21**	0.0	**6:08**	-0.1	7:12	4:29	
7	Wed	**11:49**	3.6			**6:03**	-0.1	**6:53**	-0.2	7:13	4:29	
8	Thu	**12:21**	3.0	**12:25**	3.7	**6:47**	-0.1	**7:37**	-0.3	7:14	4:29	
9	Fri	**1:02**	3.1	**1:05**	3.7	**7:31**	-0.2	**8:21**	-0.3	7:15	4:29	
10	Sat	**1:48**	3.0	**1:50**	3.7	**8:15**	-0.2	**9:05**	-0.3	7:16	4:29	
11	Sun	**2:40**	3.0	**2:43**	3.6	**9:01**	-0.1	**9:52**	-0.3	7:17	4:29	
12	Mon	**3:39**	3.0	**3:43**	3.5	**9:52**	0.0	**10:44**	-0.2	7:18	4:29	
13	Tue	**4:40**	3.1	**4:46**	3.3	**10:53**	0.1	**11:44**	-0.1	7:18	4:30	
14	Wed	**5:39**	3.1	**5:48**	3.2			**12:04**	0.2	7:19	4:30	
15	Thu	**6:37**	3.2	**6:49**	3.1	**12:47**	-0.1	**1:16**	0.2	7:20	4:30	
16	Fri	**7:36**	3.3	**7:53**	3.0	**1:48**	-0.2	**2:21**	0.1	7:21	4:30	
17	Sat	**8:38**	3.4	**8:59**	3.0	**2:45**	-0.2	**3:21**	-0.1	7:21	4:31	
18	Sun	**9:37**	3.6	**10:00**	3.1	**3:39**	-0.3	**4:17**	-0.2	7:22	4:31	
19	Mon	**10:30**	3.7	**10:53**	3.1	**4:31**	-0.4	**5:09**	-0.4	7:23	4:31	
20	Tue	**11:18**	3.8	**11:42**	3.1	**5:21**	-0.4	**6:00**	-0.4	7:23	4:32	
21	Wed			**12:03**	3.8	**6:09**	-0.4	**6:48**	-0.5	7:24	4:32	
22	Thu	**12:29**	3.1	**12:47**	3.7	**6:56**	-0.3	**7:34**	-0.5	7:24	4:33	
23	Fri	**1:15**	3.1	**1:31**	3.6	**7:41**	-0.2	**8:17**	-0.4	7:25	4:33	
24	Sat	**2:02**	3.0	**2:15**	3.4	**8:23**	-0.1	**8:58**	-0.3	7:25	4:34	
25	Sun	**2:50**	2.8	**3:01**	3.2	**9:04**	0.1	**9:38**	-0.1	7:25	4:35	
26	Mon	**3:39**	2.8	**3:49**	3.0	**9:44**	0.3	**10:18**	0.0	7:26	4:35	
27	Tue	**4:28**	2.7	**4:36**	2.9	**10:28**	0.5	**11:02**	0.2	7:26	4:36	
28	Wed	**5:15**	2.6	**5:22**	2.7	**11:20**	0.6	**11:50**	0.3	7:26	4:37	
29	Thu	**5:59**	2.6	**6:07**	2.6			**12:23**	0.7	7:27	4:37	
30	Fri	**6:43**	2.6	**6:55**	2.5	**12:42**	0.4	**1:26**	0.7	7:27	4:38	
31	Sat	**7:30**	2.7	**7:48**	2.4	**1:36**	0.4	**2:25**	0.6	7:27	4:39	