US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1719

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:25	2.8	8:50	2.5	2:30	0.3	3:20	0.4	7:27	4:40	
2	Mon	9:17	2.9	9:46	2.6	3:18	0.2	4:09	0.2	7:27	4:41	
3	Tue	10:04	3.2	10:34	2.7	4:04	0.1	4:56	0.0	7:27	4:41	
4	Wed	10:46	3.4	11:18	2.8	4:51	-0.1	5:44	-0.2	7:27	4:42	
5	Thu	11:27	3.6			5:38	-0.2	6:31	-0.4	7:27	4:43	
6	Fri	12:01	3.0	12:09	3.7	6:26	-0.4	7:18	-0.6	7:27	4:44	
7	Sat	12:46	3.1	12:54	3.8	7:15	-0.5	8:03	-0.7	7:27	4:45	
8	Sun	1:34	3.1	1:43	3.7	8:03	-0.5	8:48	-0.7	7:27	4:46	
9	Mon	2:27	3.2	2:37	3.6	8:52	-0.5	9:35	-0.7	7:27	4:47	
10	Tue	3:24	3.2	3:35	3.5	9:43	-0.4	10:25	-0.6	7:26	4:48	
11	Wed	4:23	3.2	4:35	3.3	10:41	-0.2	11:21	-0.4	7:26	4:49	
12	Thu	5:21	3.2	5:34	3.1	11:47	-0.1			7:26	4:50	
13	Fri	6:18	3.2	6:33	2.9	12:22	-0.3	12:56	0.0	7:25	4:52	
14	Sat	7:16	3.2	7:35	2.8	1:24	-0.2	2:03	0.0	7:25	4:53	
15	Sun	8:17	3.2	8:41	2.7	2:24	-0.2	3:04	-0.1	7:25	4:54	
16	Mon	9:19	3.3	9:45	2.7	3:20	-0.2	4:01	-0.2	7:24	4:55	
17	Tue	10:14	3.4	10:40	2.8	4:13	-0.2	4:53	-0.3	7:24	4:56	
18	Wed	11:03	3.4	11:28	2.9	5:03	-0.2	5:43	-0.4	7:23	4:57	
19	Thu	11:48	3.5			5:51	-0.3	6:29	-0.4	7:23	4:58	
20	Fri	12:13	2.9	12:30	3.5	6:37	-0.2	7:13	-0.4	7:22	5:00	
21	Sat	12:56	2.9	1:11	3.4	7:21	-0.2	7:54	-0.4	7:21	5:01	
22	Sun	1:38	2.9	1:52	3.3	8:02	-0.1	8:32	-0.4	7:21	5:02	
23	Mon	2:21	2.8	2:33	3.1	8:40	0.0	9:08	-0.2	7:20	5:03	
24	Tue	3:04	2.8	3:15	3.0	9:17	0.1	9:43	-0.1	7:19	5:05	
25	Wed	3:47	2.7	3:57	2.8	9:54	0.3	10:17	0.0	7:18	5:06	
26	Thu	4:30	2.6	4:39	2.6	10:34	0.4	10:52	0.2	7:18	5:07	
27	Fri	5:10	2.6	5:21	2.5	11:25	0.5	11:35	0.3	7:17	5:08	
28	Sat	5:48	2.6	6:05	2.4			12:32	0.6	7:16	5:10	
29	Sun	6:29	2.6	6:55	2.3	12:32	0.4	1:40	0.6	7:15	5:11	
30	Mon	7:18	2.7	7:56	2.3	1:35	0.3	2:41	0.4	7:14	5:12	
31	Tue	8:19	2.8	9:04	2.4	2:35	0.3	3:36	0.2	7:13	5:13	