US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1719

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:39	2.9	2:25	3.4	8:51	0.5	9:43	0.4	6:31	4:55	
2	Thu	3:23	2.8	3:07	3.3	9:24	0.6	10:25	0.5	6:32	4:54	
3	Fri	4:17	2.7	4:01	3.3	10:04	0.7	11:23	0.6	6:34	4:52	
4	Sat	5:13	2.8	5:03	3.3	11:02	0.8			6:35	4:51	
5	Sun	6:09	2.8	6:06	3.3	12:32	0.6	12:28	0.8	6:36	4:50	
6	Mon	7:07	3.0	7:12	3.3	1:36	0.4	1:47	0.6	6:37	4:49	
7	Tue	8:10	3.2	8:22	3.4	2:34	0.2	2:52	0.3	6:39	4:48	
8	Wed	9:11	3.5	9:28	3.5	3:27	0.0	3:50	0.1	6:40	4:47	
9	Thu	10:07	3.9	10:26	3.7	4:17	-0.2	4:46	-0.2	6:41	4:46	
10	Fri	10:58	4.1	11:18	3.8	5:07	-0.4	5:40	-0.4	6:42	4:45	
11	Sat	11:46	4.3			5:57	-0.5	6:33	-0.6	6:44	4:44	
12	Sun	12:09	3.8	12:35	4.3	6:48	-0.6	7:25	-0.6	6:45	4:43	
13	Mon	1:01	3.7	1:26	4.3	7:38	-0.5	8:16	-0.6	6:46	4:42	
14	Tue	1:55	3.5	2:19	4.1	8:27	-0.3	9:06	-0.4	6:47	4:41	
15	Wed	2:54	3.4	3:16	3.8	9:16	-0.1	9:57	-0.2	6:48	4:40	
16	Thu	3:55	3.2	4:15	3.6	10:08	0.2	10:52	0.0	6:50	4:39	
17	Fri	4:55	3.1	5:12	3.4	11:07	0.5	11:52	0.2	6:51	4:38	
18	Sat	5:52	3.0	6:07	3.2			12:11	0.6	6:52	4:37	
19	Sun	6:46	2.9	7:00	3.1	12:52	0.3	1:16	0.7	6:53	4:37	
20	Mon	7:39	2.9	7:55	3.0	1:49	0.4	2:16	0.7	6:55	4:36	
21	Tue	8:34	3.0	8:50	2.9	2:39	0.3	3:09	0.6	6:56	4:35	
22	Wed	9:25	3.1	9:42	3.0	3:24	0.3	3:56	0.5	6:57	4:34	
23	Thu	10:10	3.2	10:28	3.0	4:06	0.2	4:41	0.3	6:58	4:34	
24	Fri	10:50	3.4	11:10	3.0	4:46	0.2	5:24	0.2	6:59	4:33	
25	Sat	11:26	3.5	11:48	3.0	5:26	0.1	6:07	0.1	7:00	4:33	
26	Sun			12:00	3.5	6:05	0.1	6:49	0.0	7:02	4:32	
27	Mon	12:25	3.0	12:30	3.5	6:44	0.1	7:30	0.0	7:03	4:32	
28	Tue	1:02	3.0	12:58	3.5	7:22	0.1	8:09	0.0	7:04	4:31	
29	Wed	1:38	2.9	1:28	3.5	7:58	0.2	8:47	0.0	7:05	4:31	
30	Thu	2:17	2.8	2:04	3.4	8:33	0.2	9:25	0.1	7:06	4:31	