US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1721

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:40	3.2	2:59	3.7	9:02	-0.4	9:40	-0.6	7:27	4:40	
2	Thu	3:39	3.1	3:56	3.4	9:53	-0.2	10:30	-0.4	7:27	4:41	
3	Fri	4:36	3.0	4:51	3.2	10:48	0.1	11:23	-0.2	7:27	4:42	
4	Sat	5:29	2.9	5:43	3.0	11:49	0.3			7:27	4:43	
5	Sun	6:20	2.9	6:34	2.8	12:19	0.0	12:53	0.4	7:27	4:44	
6	Mon	7:10	2.8	7:26	2.6	1:14	0.1	1:54	0.4	7:27	4:45	
7	Tue	8:02	2.8	8:23	2.5	2:06	0.2	2:50	0.4	7:27	4:46	
8	Wed	8:56	2.9	9:20	2.5	2:54	0.2	3:41	0.3	7:27	4:47	
9	Thu	9:47	3.0	10:12	2.5	3:40	0.2	4:28	0.2	7:27	4:48	
10	Fri	10:32	3.1	10:57	2.6	4:23	0.1	5:13	0.1	7:26	4:49	
11	Sat	11:12	3.2	11:39	2.7	5:06	0.1	5:57	-0.1	7:26	4:50	
12	Sun	11:49	3.2			5:49	0.0	6:40	-0.2	7:26	4:51	
13	Mon	12:19	2.7	12:23	3.3	6:31	0.0	7:20	-0.2	7:25	4:52	
14	Tue	12:57	2.7	12:56	3.3	7:12	-0.1	7:59	-0.3	7:25	4:53	
15	Wed	1:35	2.7	1:27	3.2	7:50	-0.1	8:35	-0.3	7:24	4:54	
16	Thu	2:12	2.7	2:01	3.2	8:27	0.0	9:10	-0.2	7:24	4:56	
17	Fri	2:51	2.7	2:40	3.1	9:04	0.0	9:45	-0.2	7:23	4:57	
18	Sat	3:33	2.7	3:26	3.0	9:44	0.1	10:24	-0.1	7:23	4:58	
19	Sun	4:21	2.8	4:19	2.9	10:33	0.1	11:10	-0.1	7:22	4:59	
20	Mon	5:12	2.9	5:16	2.8	11:39	0.2			7:22	5:00	
21	Tue	6:05	3.0	6:16	2.7	12:10	0.0	12:57	0.2	7:21	5:02	
22	Wed	7:04	3.1	7:22	2.7	1:18	0.0	2:10	0.1	7:20	5:03	
23	Thu	8:10	3.2	8:37	2.7	2:23	-0.1	3:14	-0.1	7:20	5:04	
24	Fri	9:19	3.4	9:48	2.8	3:24	-0.2	4:13	-0.3	7:19	5:05	
25	Sat	10:20	3.6	10:49	3.0	4:22	-0.4	5:09	-0.5	7:18	5:06	
26	Sun	11:15	3.8	11:44	3.1	5:18	-0.5	6:03	-0.7	7:17	5:08	
27	Mon			12:07	3.8	6:13	-0.6	6:55	-0.8	7:16	5:09	
28	Tue	12:36	3.2	12:57	3.8	7:06	-0.6	7:44	-0.9	7:15	5:10	
29	Wed	1:27	3.2	1:47	3.7	7:56	-0.6	8:30	-0.8	7:15	5:11	
30	Thu	2:19	3.2	2:37	3.5	8:43	-0.5	9:14	-0.7	7:14	5:13	
31	Fri	3:10	3.1	3:28	3.3	9:30	-0.3	9:57	-0.5	7:13	5:14	