US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1721

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:45	3.0	8:22	3.8	2:26	0.4	2:33	0.4	5:25	6:33	
2	Tue	8:59	3.2	9:31	3.9	3:26	0.2	3:36	0.3	5:26	6:31	
3	Wed	10:05	3.4	10:30	4.0	4:22	0.0	4:33	0.1	5:27	6:30	
4	Thu	11:01	3.6	11:22	4.1	5:15	-0.1	5:29	0.0	5:28	6:28	
5	Fri	11:52	3.8			6:05	-0.3	6:22	-0.1	5:29	6:26	
6	Sat	12:11	4.2	12:40	3.8	6:54	-0.4	7:13	-0.1	5:30	6:25	
7	Sun	12:58	4.1	1:28	3.9	7:40	-0.3	8:02	-0.1	5:31	6:23	
8	Mon	1:46	3.9	2:15	3.8	8:23	-0.2	8:48	0.1	5:32	6:21	
9	Tue	2:35	3.7	3:04	3.7	9:05	0.0	9:34	0.3	5:33	6:19	
10	Wed	3:26	3.5	3:53	3.6	9:45	0.2	10:22	0.5	5:34	6:18	
11	Thu	4:18	3.2	4:42	3.4	10:27	0.5	11:15	0.7	5:35	6:16	
12	Fri	5:10	3.0	5:31	3.3	11:14	0.7			5:36	6:14	
13	Sat	6:01	2.9	6:19	3.2	12:16	0.9	12:10	0.9	5:37	6:13	
14	Sun	6:53	2.8	7:10	3.2	1:18	0.9	1:11	1.0	5:38	6:11	
15	Mon	7:50	2.7	8:06	3.1	2:16	0.9	2:10	1.0	5:39	6:09	
16	Tue	8:49	2.8	9:04	3.2	3:08	0.8	3:04	0.9	5:40	6:07	
17	Wed	9:43	2.9	9:55	3.3	3:55	0.6	3:52	0.8	5:41	6:06	
18	Thu	10:30	3.1	10:38	3.5	4:38	0.5	4:38	0.6	5:42	6:04	
19	Fri	11:10	3.3	11:16	3.6	5:19	0.3	5:23	0.5	5:43	6:02	
20	Sat	11:46	3.4	11:50	3.7	6:00	0.2	6:07	0.3	5:44	6:00	
21	Sun			12:20	3.6	6:39	0.1	6:50	0.2	5:45	5:59	
22	Mon	12:24	3.7	12:53	3.7	7:17	0.0	7:33	0.1	5:47	5:57	
23	Tue	12:59	3.7	1:29	3.8	7:54	0.0	8:16	0.1	5:48	5:55	
24	Wed	1:39	3.6	2:10	3.8	8:31	0.0	8:59	0.1	5:49	5:53	
25	Thu	2:24	3.5	2:57	3.8	9:09	0.1	9:46	0.2	5:50	5:52	
26	Fri	3:19	3.3	3:53	3.8	9:51	0.3	10:42	0.4	5:51	5:50	
27	Sat	4:22	3.2	4:55	3.7	10:45	0.4	11:51	0.5	5:52	5:48	
28	Sun	5:28	3.1	5:58	3.7	11:57	0.6			5:53	5:47	
29	Mon	6:34	3.1	7:03	3.6	1:03	0.5	1:15	0.6	5:54	5:45	
30	Tue	7:42	3.1	8:12	3.7	2:10	0.4	2:25	0.5	5:55	5:43	