US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1723

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:11	3.5	1:43	3.4	7:56	0.2	8:04	0.4	5:24	6:34	
2	Thu	1:46	3.4	2:21	3.4	8:29	0.3	8:41	0.5	5:25	6:32	
3	Fri	2:20	3.3	2:57	3.3	8:59	0.4	9:15	0.6	5:26	6:30	
4	Sat	2:53	3.1	3:33	3.3	9:26	0.5	9:51	0.7	5:27	6:29	
5	Sun	3:29	3.0	4:09	3.2	9:51	0.6	10:30	0.9	5:28	6:27	
6	Mon	4:12	2.8	4:48	3.2	10:20	0.8	11:26	1.0	5:29	6:25	
7	Tue	5:01	2.7	5:32	3.3	11:02	0.9			5:30	6:24	
8	Wed	5:55	2.7	6:25	3.3	12:41	1.0	12:11	1.0	5:31	6:22	
9	Thu	6:57	2.7	7:27	3.4	1:53	0.9	1:40	0.9	5:33	6:20	
10	Fri	8:10	2.8	8:38	3.6	2:54	0.7	2:50	0.7	5:34	6:19	
11	Sat	9:21	3.0	9:44	3.8	3:49	0.4	3:51	0.5	5:35	6:17	
12	Sun	10:19	3.3	10:40	4.0	4:40	0.1	4:47	0.2	5:36	6:15	
13	Mon	11:10	3.6	11:30	4.2	5:29	-0.1	5:42	0.0	5:37	6:13	
14	Tue	11:58	3.9			6:18	-0.3	6:36	-0.2	5:38	6:12	
15	Wed	12:19	4.2	12:46	4.1	7:06	-0.5	7:29	-0.3	5:39	6:10	
16	Thu	1:08	4.2	1:37	4.1	7:52	-0.5	8:20	-0.3	5:40	6:08	
17	Fri	2:01	4.0	2:29	4.1	8:38	-0.4	9:11	-0.2	5:41	6:06	
18	Sat	2:56	3.8	3:25	4.0	9:24	-0.2	10:04	0.0	5:42	6:05	
19	Sun	3:55	3.5	4:23	3.9	10:13	0.0	11:04	0.3	5:43	6:03	
20	Mon	4:56	3.3	5:21	3.7	11:09	0.4			5:44	6:01	
21	Tue	5:55	3.1	6:18	3.5	12:10	0.5	12:13	0.6	5:45	6:00	
22	Wed	6:54	3.0	7:17	3.4	1:18	0.6	1:20	0.8	5:46	5:58	
23	Thu	7:56	2.9	8:19	3.3	2:21	0.6	2:23	0.8	5:47	5:56	
24	Fri	8:58	3.0	9:20	3.4	3:16	0.5	3:19	0.7	5:48	5:54	
25	Sat	9:54	3.1	10:11	3.4	4:05	0.4	4:08	0.7	5:49	5:53	
26	Sun	10:40	3.2	10:55	3.5	4:49	0.4	4:54	0.6	5:50	5:51	
27	Mon	11:21	3.4	11:33	3.5	5:30	0.3	5:38	0.5	5:51	5:49	
28	Tue	11:58	3.5			6:08	0.2	6:20	0.4	5:52	5:47	
29	Wed	12:08	3.5	12:33	3.6	6:45	0.2	7:01	0.4	5:53	5:46	
30	Thu	12:42	3.5	1:07	3.6	7:20	0.2	7:39	0.4	5:54	5:44	