US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 1723

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:14	3.3	1:38	3.5	7:53	0.3	8:16	0.4	5:56	5:42	
2	Sat	1:45	3.2	2:08	3.5	8:22	0.4	8:51	0.5	5:57	5:41	
3	Sun	2:15	3.1	2:36	3.4	8:49	0.5	9:25	0.6	5:58	5:39	
4	Mon	2:50	2.9	3:11	3.4	9:15	0.6	10:04	0.7	5:59	5:37	
5	Tue	3:35	2.8	3:57	3.3	9:45	0.8	10:54	0.8	6:00	5:35	
6	Wed	4:32	2.7	4:53	3.3	10:28	0.9			6:01	5:34	
7	Thu	5:35	2.7	5:55	3.3	12:09	0.8	11:37 AM	1.0	6:02	5:32	
8	Fri	6:40	2.7	7:02	3.4	1:24	0.8	1:19	0.9	6:03	5:30	
9	Sat	7:50	2.9	8:14	3.5	2:27	0.6	2:34	0.7	6:04	5:29	
10	Sun	8:59	3.2	9:22	3.7	3:22	0.3	3:35	0.4	6:05	5:27	
11	Mon	9:58	3.5	10:19	3.9	4:13	0.0	4:32	0.1	6:07	5:26	
12	Tue	10:49	3.8	11:11	4.0	5:02	-0.2	5:26	-0.1	6:08	5:24	
13	Wed	11:37	4.1	11:59	4.1	5:50	-0.4	6:19	-0.3	6:09	5:22	
14	Thu			12:24	4.3	6:38	-0.5	7:12	-0.4	6:10	5:21	
15	Fri	12:49	4.0	1:12	4.3	7:25	-0.5	8:03	-0.4	6:11	5:19	
16	Sat	1:40	3.8	2:03	4.2	8:12	-0.4	8:53	-0.2	6:12	5:18	
17	Sun	2:35	3.6	2:57	4.0	8:58	-0.1	9:44	0.0	6:13	5:16	
18	Mon	3:35	3.4	3:54	3.8	9:46	0.2	10:40	0.2	6:15	5:15	
19	Tue	4:36	3.2	4:54	3.6	10:40	0.5	11:43	0.4	6:16	5:13	
20	Wed	5:36	3.0	5:52	3.4	11:44	0.7			6:17	5:12	
21	Thu	6:34	2.9	6:49	3.2	12:49	0.6	12:52	0.9	6:18	5:10	
22	Fri	7:32	2.9	7:48	3.1	1:52	0.6	1:57	0.9	6:19	5:09	
23	Sat	8:30	2.9	8:47	3.1	2:46	0.5	2:54	0.8	6:20	5:07	
24	Sun	9:24	3.1	9:40	3.2	3:33	0.5	3:44	0.7	6:22	5:06	
25	Mon	10:11	3.2	10:25	3.2	4:15	0.4	4:29	0.6	6:23	5:04	
26	Tue	10:51	3.4	11:04	3.3	4:54	0.3	5:12	0.4	6:24	5:03	
27	Wed	11:28	3.5	11:40	3.3	5:31	0.2	5:54	0.3	6:25	5:01	
28	Thu			12:01	3.6	6:08	0.2	6:35	0.3	6:26	5:00	
29	Fri	12:13	3.2	12:32	3.7	6:44	0.2	7:15	0.2	6:28	4:59	
30	Sat	12:45	3.2	1:01	3.6	7:18	0.3	7:53	0.2	6:29	4:57	
31	Sun	1:16	3.0	1:29	3.6	7:51	0.3	8:31	0.3	6:30	4:56	