US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1724

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:57	3.1	11:09	3.9	5:14	0.3	5:16	0.4	5:25	6:32	
2	Sat	11:38	3.4	11:51	4.0	5:59	0.1	6:05	0.2	5:26	6:31	
3	Sun			12:19	3.6	6:43	-0.1	6:55	0.0	5:27	6:29	
4	Mon	12:34	4.0	1:01	3.8	7:26	-0.2	7:44	-0.1	5:28	6:27	
5	Tue	1:20	4.0	1:48	3.9	8:08	-0.3	8:32	-0.1	5:29	6:26	
6	Wed	2:09	3.9	2:38	3.9	8:51	-0.3	9:22	0.0	5:30	6:24	
7	Thu	3:03	3.7	3:34	3.9	9:34	-0.1	10:16	0.2	5:31	6:22	
8	Fri	4:03	3.5	4:32	3.9	10:23	0.1	11:19	0.4	5:32	6:21	
9	Sat	5:04	3.3	5:32	3.8	11:21	0.3			5:33	6:19	
10	Sun	6:06	3.1	6:32	3.6	12:30	0.5	12:30	0.5	5:34	6:17	
11	Mon	7:10	3.0	7:37	3.6	1:39	0.5	1:41	0.6	5:35	6:16	
12	Tue	8:18	3.0	8:45	3.5	2:43	0.5	2:45	0.6	5:36	6:14	
13	Wed	9:24	3.1	9:47	3.6	3:40	0.3	3:43	0.5	5:37	6:12	
14	Thu	10:21	3.3	10:39	3.7	4:31	0.2	4:36	0.4	5:38	6:10	
15	Fri	11:08	3.4	11:23	3.7	5:19	0.1	5:25	0.4	5:40	6:09	
16	Sat	11:51	3.5			6:03	0.1	6:12	0.3	5:41	6:07	
17	Sun	12:03	3.7	12:30	3.6	6:44	0.1	6:56	0.3	5:42	6:05	
18	Mon	12:41	3.6	1:08	3.6	7:22	0.1	7:37	0.3	5:43	6:03	
19	Tue	1:19	3.5	1:46	3.6	7:57	0.2	8:16	0.4	5:44	6:02	
20	Wed	1:56	3.3	2:23	3.5	8:30	0.3	8:53	0.5	5:45	6:00	
21	Thu	2:34	3.1	3:01	3.4	9:00	0.5	9:30	0.6	5:46	5:58	
22	Fri	3:15	3.0	3:39	3.3	9:27	0.7	10:08	0.8	5:47	5:56	
23	Sat	4:00	2.8	4:21	3.2	9:52	0.8	10:54	0.9	5:48	5:55	
24	Sun	4:49	2.6	5:05	3.2	10:24	1.0	11:59	1.0	5:49	5:53	
25	Mon	5:41	2.6	5:53	3.1	11:15	1.1			5:50	5:51	
26	Tue	6:35	2.5	6:48	3.1	1:10	1.0	12:50	1.2	5:51	5:50	
27	Wed	7:37	2.6	7:52	3.2	2:13	0.9	2:08	1.1	5:52	5:48	
28	Thu	8:42	2.8	8:57	3.4	3:07	0.7	3:09	0.8	5:53	5:46	
29	Fri	9:39	3.0	9:54	3.6	3:55	0.4	4:02	0.6	5:54	5:44	
30	Sat	10:26	3.3	10:42	3.8	4:41	0.2	4:53	0.3	5:55	5:43	