US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 1728

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:33	3.6	10:46	3.9	4:47	0.1	5:00	0.1	5:56	5:41	
2	Sat	11:18	4.0	11:33	4.0	5:32	-0.2	5:53	-0.1	5:57	5:39	
3	Sun			12:02	4.2	6:18	-0.3	6:46	-0.3	5:59	5:38	
4	Mon	12:20	3.9	12:48	4.3	7:04	-0.4	7:37	-0.3	6:00	5:36	
5	Tue	1:09	3.8	1:37	4.3	7:50	-0.3	8:28	-0.3	6:01	5:34	
6	Wed	2:02	3.6	2:31	4.2	8:37	-0.2	9:19	-0.1	6:02	5:33	
7	Thu	3:01	3.4	3:30	4.0	9:25	0.0	10:14	0.1	6:03	5:31	
8	Fri	4:06	3.2	4:33	3.8	10:20	0.3	11:17	0.4	6:04	5:29	
9	Sat	5:12	3.1	5:36	3.6	11:25	0.6			6:05	5:28	
10	Sun	6:14	3.0	6:37	3.4	12:26	0.5	12:38	0.8	6:06	5:26	
11	Mon	7:16	2.9	7:38	3.3	1:33	0.5	1:48	0.8	6:07	5:24	
12	Tue	8:19	3.0	8:39	3.3	2:32	0.5	2:49	0.7	6:09	5:23	
13	Wed	9:17	3.1	9:34	3.3	3:23	0.4	3:41	0.6	6:10	5:21	
14	Thu	10:06	3.3	10:21	3.4	4:07	0.3	4:29	0.5	6:11	5:20	
15	Fri	10:47	3.4	11:02	3.4	4:48	0.3	5:13	0.4	6:12	5:18	
16	Sat	11:24	3.6	11:40	3.4	5:26	0.2	5:55	0.3	6:13	5:16	
17	Sun	11:58	3.6			6:03	0.2	6:37	0.3	6:14	5:15	
18	Mon	12:16	3.3	12:29	3.7	6:38	0.3	7:17	0.3	6:15	5:13	
19	Tue	12:51	3.2	12:59	3.6	7:13	0.3	7:55	0.3	6:17	5:12	
20	Wed	1:27	3.1	1:26	3.5	7:45	0.4	8:31	0.4	6:18	5:10	
21	Thu	2:03	2.9	1:54	3.4	8:16	0.5	9:07	0.5	6:19	5:09	
22	Fri	2:42	2.8	2:25	3.3	8:45	0.6	9:45	0.6	6:20	5:07	
23	Sat	3:28	2.6	3:07	3.3	9:17	0.8	10:29	0.7	6:21	5:06	
24	Sun	4:24	2.6	4:03	3.2	9:57	0.9	11:31	0.8	6:23	5:05	
25	Mon	5:22	2.6	5:07	3.2	10:53	1.0			6:24	5:03	
26	Tue	6:17	2.7	6:10	3.2	12:41	0.8	12:21	1.0	6:25	5:02	
27	Wed	7:14	2.8	7:15	3.3	1:43	0.6	1:44	0.8	6:26	5:00	
28	Thu	8:14	3.1	8:22	3.3	2:37	0.4	2:50	0.5	6:27	4:59	
29	Fri	9:12	3.4	9:26	3.5	3:26	0.2	3:47	0.2	6:29	4:58	
30	Sat	10:04	3.8	10:21	3.6	4:13	-0.1	4:42	0.0	6:30	4:56	
31	Sun	10:53	4.1	11:12	3.7	5:00	-0.2	5:35	-0.3	6:31	4:55	