US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1729

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:34	3.3	3:55	2.7	9:54	0.3	9:35	0.7	4:26	7:27	
2	Thu	3:20	3.2	4:41	2.8	10:34	0.4	10:21	0.7	4:26	7:27	
3	Fri	4:13	3.2	5:25	2.9	11:21	0.4	11:23	0.8	4:25	7:28	
4	Sat	5:08	3.1	6:11	3.1			12:15	0.4	4:25	7:29	
5	Sun	6:04	3.1	7:00	3.3	12:39	0.7	1:12	0.3	4:25	7:30	
6	Mon	7:03	3.0	7:56	3.5	1:51	0.6	2:08	0.2	4:24	7:30	
7	Tue	8:09	3.0	8:56	3.8	2:55	0.4	3:03	0.1	4:24	7:31	
8	Wed	9:19	3.1	9:55	4.0	3:54	0.1	3:57	0.0	4:24	7:31	
9	Thu	10:22	3.2	10:49	4.2	4:50	-0.1	4:52	-0.1	4:24	7:32	
10	Fri	11:20	3.2	11:42	4.3	5:46	-0.3	5:48	-0.1	4:24	7:33	
11	Sat			12:15	3.3	6:41	-0.4	6:44	-0.1	4:23	7:33	
12	Sun	12:35	4.2	1:12	3.3	7:34	-0.4	7:39	-0.1	4:23	7:34	
13	Mon	1:30	4.1	2:11	3.3	8:25	-0.4	8:32	0.0	4:23	7:34	
14	Tue	2:26	3.9	3:11	3.3	9:14	-0.4	9:24	0.2	4:23	7:35	
15	Wed	3:25	3.7	4:11	3.3	10:04	-0.2	10:18	0.4	4:23	7:35	
16	Thu	4:22	3.5	5:05	3.2	10:55	0.0	11:17	0.6	4:23	7:35	
17	Fri	5:15	3.3	5:56	3.2	11:48	0.2			4:23	7:36	
18	Sat	6:05	3.1	6:43	3.2	12:20	0.7	12:41	0.3	4:23	7:36	
19	Sun	6:54	2.9	7:31	3.2	1:22	0.7	1:32	0.4	4:24	7:36	
20	Mon	7:46	2.8	8:20	3.3	2:20	0.7	2:20	0.5	4:24	7:37	
21	Tue	8:42	2.7	9:11	3.3	3:12	0.6	3:05	0.5	4:24	7:37	
22	Wed	9:37	2.7	9:58	3.4	4:00	0.6	3:49	0.6	4:24	7:37	
23	Thu	10:28	2.7	10:41	3.5	4:46	0.5	4:32	0.5	4:24	7:37	
24	Fri	11:13	2.8	11:20	3.5	5:31	0.4	5:15	0.5	4:25	7:37	
25	Sat	11:56	2.8	11:56	3.6	6:15	0.3	5:59	0.5	4:25	7:37	
26	Sun			12:37	2.8	6:58	0.2	6:43	0.5	4:25	7:37	
27	Mon	12:31	3.6	1:17	2.9	7:39	0.1	7:25	0.5	4:26	7:37	
28	Tue	1:04	3.5	1:58	2.9	8:18	0.1	8:05	0.5	4:26	7:37	
29	Wed	1:38	3.5	2:40	2.9	8:54	0.1	8:43	0.5	4:27	7:37	
30	Thu	2:17	3.5	3:23	3.0	9:30	0.1	9:23	0.5	4:27	7:37	