US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**11:03**	3.1	**11:27**	3.4	**5:16**	0.1	**5:40**	-0.1	5:42	6:24	
2	Sun	**11:41**	3.3			**6:02**	-0.1	**6:20**	-0.2	5:40	6:25	
3	Mon	**12:02**	3.6	**12:19**	3.3	**6:48**	-0.3	**7:00**	-0.2	5:39	6:26	
4	Tue	**12:39**	3.8	**1:00**	3.3	**7:33**	-0.4	**7:41**	-0.3	5:37	6:28	
5	Wed	**1:19**	3.8	**1:45**	3.2	**8:18**	-0.4	**8:22**	-0.2	5:35	6:29	
6	Thu	**2:05**	3.8	**2:37**	3.1	**9:05**	-0.3	**9:06**	-0.1	5:34	6:30	
7	Fri	**2:58**	3.7	**3:37**	2.9	**9:55**	-0.2	**9:55**	0.1	5:32	6:31	
8	Sat	**4:00**	3.6	**4:43**	2.9	**10:53**	0.0	**10:57**	0.3	5:30	6:32	
9	Sun	**5:05**	3.4	**5:48**	2.8			**12:01**	0.1	5:29	6:33	
10	Mon	**6:10**	3.3	**6:52**	2.9	**12:14**	0.4	**1:10**	0.2	5:27	6:34	
11	Tue	**7:15**	3.2	**7:58**	3.0	**1:30**	0.4	**2:14**	0.1	5:25	6:35	
12	Wed	**8:23**	3.2	**9:03**	3.1	**2:37**	0.3	**3:10**	0.0	5:24	6:36	
13	Thu	**9:26**	3.2	**10:00**	3.4	**3:37**	0.1	**4:01**	-0.1	5:22	6:37	
14	Fri	**10:21**	3.3	**10:48**	3.5	**4:30**	0.0	**4:49**	-0.2	5:20	6:38	
15	Sat	**11:08**	3.3	**11:30**	3.7	**5:20**	-0.1	**5:34**	-0.2	5:19	6:39	
16	Sun	**11:52**	3.3			**6:08**	-0.2	**6:17**	-0.2	5:17	6:40	
17	Mon	**12:10**	3.7	**12:34**	3.3	**6:54**	-0.2	**6:58**	-0.1	5:16	6:42	
18	Tue	**12:47**	3.7	**1:16**	3.2	**7:37**	-0.2	**7:37**	0.0	5:14	6:43	
19	Wed	**1:24**	3.6	**1:59**	3.0	**8:18**	-0.1	**8:13**	0.2	5:13	6:44	
20	Thu	**2:02**	3.4	**2:45**	2.9	**8:57**	0.0	**8:48**	0.4	5:11	6:45	
21	Fri	**2:41**	3.3	**3:34**	2.7	**9:36**	0.2	**9:21**	0.5	5:10	6:46	
22	Sat	**3:23**	3.1	**4:25**	2.6	**10:18**	0.4	**9:56**	0.7	5:08	6:47	
23	Sun	**4:11**	3.0	**5:16**	2.6	**11:06**	0.6	**10:40**	0.9	5:07	6:48	
24	Mon	**5:00**	2.9	**6:04**	2.5			**12:04**	0.7	5:05	6:49	
25	Tue	**5:49**	2.8	**6:53**	2.6			**1:04**	0.7	5:04	6:50	
26	Wed	**6:40**	2.8	**7:44**	2.7	**1:05**	1.0	**1:59**	0.6	5:02	6:51	
27	Thu	**7:36**	2.8	**8:36**	2.9	**2:11**	0.9	**2:47**	0.5	5:01	6:52	
28	Fri	**8:38**	2.8	**9:25**	3.1	**3:06**	0.7	**3:32**	0.3	4:59	6:53	
29	Sat	**9:35**	2.9	**10:09**	3.4	**3:57**	0.4	**4:15**	0.2	4:58	6:55	
30	Sun	**10:24**	3.1	**10:50**	3.7	**4:46**	0.1	**4:58**	0.1	4:57	6:56	