US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:07	3.3	8:48	3.4	2:31	0.3	2:56	-0.1	4:56	6:56	
2	Wed	9:11	3.3	9:46	3.6	3:31	0.1	3:48	-0.2	4:54	6:57	
3	Thu	10:10	3.3	10:37	3.8	4:26	-0.1	4:38	-0.2	4:53	6:59	
4	Fri	11:01	3.4	11:23	3.9	5:18	-0.2	5:26	-0.2	4:52	7:00	
5	Sat	11:49	3.4			6:09	-0.3	6:13	-0.2	4:51	7:01	
6	Sun	12:06	3.9	12:36	3.3	6:58	-0.3	6:59	-0.1	4:49	7:02	
7	Mon	12:49	3.9	1:23	3.2	7:44	-0.3	7:43	0.1	4:48	7:03	
8	Tue	1:31	3.7	2:12	3.1	8:28	-0.2	8:25	0.2	4:47	7:04	
9	Wed	2:16	3.5	3:03	3.0	9:11	0.0	9:05	0.4	4:46	7:05	
10	Thu	3:03	3.3	3:56	2.8	9:54	0.2	9:46	0.6	4:45	7:06	
11	Fri	3:54	3.2	4:48	2.8	10:40	0.4	10:32	0.8	4:43	7:07	
12	Sat	4:45	3.0	5:38	2.8	11:31	0.5	11:28	0.9	4:42	7:08	
13	Sun	5:34	2.9	6:25	2.8			12:25	0.6	4:41	7:09	
14	Mon	6:21	2.8	7:12	2.8	12:35	1.0	1:19	0.6	4:40	7:10	
15	Tue	7:09	2.7	8:01	2.9	1:38	1.0	2:08	0.6	4:39	7:11	
16	Wed	8:03	2.7	8:50	3.1	2:34	0.8	2:53	0.5	4:38	7:12	
17	Thu	9:00	2.7	9:36	3.3	3:25	0.7	3:36	0.4	4:37	7:13	
18	Fri	9:52	2.8	10:18	3.5	4:13	0.5	4:18	0.3	4:36	7:14	
19	Sat	10:37	2.9	10:56	3.7	5:00	0.3	5:00	0.3	4:35	7:15	
20	Sun	11:20	3.0	11:34	3.8	5:47	0.1	5:44	0.2	4:35	7:16	
21	Mon			12:01	3.0	6:34	-0.1	6:30	0.1	4:34	7:17	
22	Tue	12:13	3.9	12:46	3.1	7:22	-0.2	7:18	0.1	4:33	7:18	
23	Wed	12:57	4.0	1:35	3.1	8:08	-0.3	8:06	0.1	4:32	7:19	
24	Thu	1:47	3.9	2:31	3.1	8:55	-0.3	8:55	0.1	4:31	7:20	
25	Fri	2:44	3.8	3:33	3.1	9:43	-0.2	9:48	0.2	4:31	7:21	
26	Sat	3:46	3.7	4:35	3.2	10:36	-0.1	10:49	0.3	4:30	7:21	
27	Sun	4:48	3.6	5:34	3.3	11:33	-0.1	11:59	0.4	4:29	7:22	
28	Mon	5:47	3.4	6:30	3.4			12:34	0.0	4:29	7:23	
29	Tue	6:45	3.3	7:26	3.5	1:09	0.4	1:33	0.0	4:28	7:24	
30	Wed	7:45	3.2	8:25	3.6	2:14	0.3	2:29	0.0	4:27	7:25	
31	Thu	8:47	3.1	9:22	3.7	3:14	0.2	3:21	0.0	4:27	7:26	