US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1732

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:46	3.6	4:17	3.1	10:24	-0.4	10:34	-0.3	6:33	5:50	
2	Sun	4:43	3.4	5:16	2.9	11:24	-0.1	11:32	0.0	6:32	5:51	
3	Mon	5:40	3.2	6:14	2.7			12:31	0.1	6:30	5:53	
4	Tue	6:38	3.0	7:13	2.6	12:38	0.2	1:38	0.2	6:29	5:54	
5	Wed	7:39	2.9	8:17	2.6	1:45	0.4	2:40	0.2	6:27	5:55	
6	Thu	8:44	2.8	9:19	2.6	2:46	0.4	3:34	0.2	6:25	5:56	
7	Fri	9:44	2.9	10:13	2.8	3:40	0.3	4:22	0.1	6:24	5:57	
8	Sat	10:34	3.0	10:58	2.9	4:29	0.2	5:06	0.0	6:22	5:58	
9	Sun	11:15	3.1	11:38	3.1	5:15	0.1	5:47	-0.1	6:20	6:00	
10	Mon	11:53	3.1			5:58	0.0	6:26	-0.1	6:19	6:01	
11	Tue	12:15	3.2	12:29	3.1	6:40	-0.1	7:03	-0.2	6:17	6:02	
12	Wed	12:50	3.2	1:03	3.1	7:19	-0.1	7:37	-0.1	6:15	6:03	
13	Thu	1:23	3.2	1:35	3.0	7:57	-0.1	8:09	-0.1	6:14	6:04	
14	Fri	1:54	3.2	2:06	2.9	8:32	0.0	8:38	0.0	6:12	6:05	
15	Sat	2:22	3.1	2:36	2.7	9:05	0.0	9:04	0.2	6:10	6:06	
16	Sun	2:52	3.1	3:11	2.6	9:39	0.2	9:31	0.3	6:09	6:07	
17	Mon	3:28	3.0	3:56	2.5	10:17	0.3	10:04	0.4	6:07	6:08	
18	Tue	4:15	3.0	4:50	2.5	11:09	0.4	10:52	0.5	6:05	6:10	
19	Wed	5:12	3.0	5:50	2.5			12:25	0.5	6:03	6:11	
20	Thu	6:14	3.0	6:55	2.6	12:14	0.6	1:40	0.4	6:02	6:12	
21	Fri	7:24	3.1	8:08	2.7	1:48	0.5	2:43	0.2	6:00	6:13	
22	Sat	8:39	3.2	9:18	3.0	2:58	0.2	3:39	-0.1	5:58	6:14	
23	Sun	9:46	3.4	10:17	3.4	3:58	-0.1	4:31	-0.3	5:57	6:15	
24	Mon	10:42	3.6	11:08	3.7	4:55	-0.3	5:21	-0.5	5:55	6:16	
25	Tue	11:33	3.7	11:56	3.9	5:49	-0.6	6:10	-0.7	5:53	6:17	
26	Wed			12:23	3.8	6:42	-0.7	6:59	-0.8	5:51	6:18	
27	Thu	12:44	4.0	1:13	3.7	7:34	-0.8	7:47	-0.7	5:50	6:19	
28	Fri	1:34	4.0	2:06	3.5	8:24	-0.7	8:33	-0.6	5:48	6:21	
29	Sat	2:25	3.9	3:01	3.3	9:13	-0.6	9:20	-0.3	5:46	6:22	
30	Sun	3:20	3.7	4:00	3.1	10:04	-0.3	10:09	0.0	5:45	6:23	
31	Mon	4:17	3.4	4:58	3.0	11:01	0.0	11:05	0.3	5:43	6:24	