US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1732

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:42	2.7	7:25	3.1	1:17	0.9	1:23	0.7	4:28	7:37	
2	Wed	7:32	2.6	8:13	3.2	2:15	0.9	2:14	0.7	4:28	7:37	
3	Thu	8:31	2.6	9:05	3.3	3:07	0.7	3:02	0.6	4:29	7:37	
4	Fri	9:31	2.6	9:54	3.5	3:57	0.6	3:50	0.6	4:29	7:37	
5	Sat	10:23	2.7	10:38	3.7	4:45	0.4	4:38	0.5	4:30	7:36	
6	Sun	11:09	2.9	11:21	3.8	5:33	0.2	5:27	0.3	4:31	7:36	
7	Mon	11:52	3.0			6:20	0.0	6:16	0.2	4:31	7:36	
8	Tue	12:03	3.9	12:36	3.2	7:06	-0.2	7:06	0.1	4:32	7:35	
9	Wed	12:47	4.0	1:23	3.3	7:51	-0.3	7:55	0.0	4:33	7:35	
10	Thu	1:34	4.0	2:13	3.4	8:34	-0.3	8:44	0.0	4:33	7:35	
11	Fri	2:26	3.9	3:08	3.5	9:18	-0.3	9:35	0.1	4:34	7:34	
12	Sat	3:22	3.7	4:05	3.6	10:04	-0.3	10:31	0.2	4:35	7:34	
13	Sun	4:20	3.6	5:01	3.7	10:54	-0.2	11:35	0.3	4:36	7:33	
14	Mon	5:18	3.4	5:56	3.7	11:51	0.0			4:37	7:32	
15	Tue	6:15	3.2	6:52	3.7	12:44	0.4	12:53	0.1	4:37	7:32	
16	Wed	7:15	3.1	7:51	3.7	1:50	0.4	1:54	0.2	4:38	7:31	
17	Thu	8:20	3.0	8:54	3.7	2:53	0.3	2:53	0.2	4:39	7:31	
18	Fri	9:26	3.0	9:54	3.7	3:50	0.2	3:49	0.2	4:40	7:30	
19	Sat	10:25	3.1	10:46	3.8	4:43	0.1	4:42	0.2	4:41	7:29	
20	Sun	11:17	3.2	11:33	3.8	5:34	0.0	5:33	0.2	4:42	7:28	
21	Mon			12:04	3.3	6:22	0.0	6:22	0.2	4:43	7:28	
22	Tue	12:16	3.8	12:50	3.3	7:07	-0.1	7:08	0.3	4:43	7:27	
23	Wed	12:58	3.7	1:34	3.3	7:49	-0.1	7:52	0.3	4:44	7:26	
24	Thu	1:40	3.6	2:18	3.3	8:28	0.0	8:33	0.4	4:45	7:25	
25	Fri	2:21	3.4	3:03	3.2	9:04	0.1	9:12	0.5	4:46	7:24	
26	Sat	3:03	3.2	3:48	3.2	9:38	0.3	9:51	0.7	4:47	7:23	
27	Sun	3:46	3.1	4:31	3.2	10:12	0.4	10:34	0.8	4:48	7:22	
28	Mon	4:29	2.9	5:13	3.2	10:45	0.6	11:25	0.9	4:49	7:21	
29	Tue	5:11	2.8	5:53	3.1	11:24	0.7			4:50	7:20	
30	Wed	5:55	2.7	6:33	3.2	12:27	1.0	12:16	0.8	4:51	7:19	
31	Thu	6:42	2.6	7:20	3.2	1:32	1.0	1:20	0.8	4:52	7:18	