US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1733

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:35	3.6	3:21	3.2	9:34	0.0	9:42	0.4	4:28	7:37	
2	Thu	3:25	3.5	4:12	3.3	10:14	0.0	10:35	0.5	4:28	7:37	
3	Fri	4:21	3.4	5:04	3.4	11:01	0.1	11:41	0.5	4:29	7:37	
4	Sat	5:17	3.3	5:57	3.5	11:58	0.1			4:29	7:37	
5	Sun	6:15	3.2	6:52	3.6	12:53	0.5	1:00	0.1	4:30	7:36	
6	Mon	7:17	3.1	7:54	3.7	2:01	0.4	2:04	0.1	4:31	7:36	
7	Tue	8:26	3.1	9:00	3.8	3:04	0.2	3:04	0.0	4:31	7:36	
8	Wed	9:35	3.2	10:02	4.0	4:02	0.1	4:02	0.0	4:32	7:35	
9	Thu	10:36	3.3	10:57	4.1	4:58	-0.1	4:58	-0.1	4:33	7:35	
10	Fri	11:31	3.4	11:49	4.1	5:51	-0.3	5:53	-0.1	4:33	7:35	
11	Sat			12:24	3.5	6:43	-0.4	6:47	-0.1	4:34	7:34	
12	Sun	12:38	4.0	1:15	3.5	7:32	-0.4	7:38	0.0	4:35	7:34	
13	Mon	1:27	3.9	2:07	3.5	8:18	-0.4	8:25	0.1	4:36	7:33	
14	Tue	2:16	3.8	2:58	3.4	9:02	-0.2	9:11	0.2	4:36	7:33	
15	Wed	3:06	3.5	3:49	3.4	9:45	-0.1	9:58	0.4	4:37	7:32	
16	Thu	3:57	3.3	4:38	3.3	10:27	0.2	10:47	0.6	4:38	7:31	
17	Fri	4:46	3.1	5:25	3.3	11:12	0.4	11:42	0.8	4:39	7:31	
18	Sat	5:33	2.9	6:10	3.2			12:00	0.6	4:40	7:30	
19	Sun	6:19	2.8	6:55	3.2	12:42	0.9	12:52	0.7	4:41	7:29	
20	Mon	7:08	2.7	7:44	3.2	1:41	0.9	1:44	0.7	4:41	7:29	
21	Tue	8:04	2.6	8:37	3.2	2:36	0.8	2:36	0.7	4:42	7:28	
22	Wed	9:04	2.6	9:30	3.3	3:27	0.7	3:25	0.7	4:43	7:27	
23	Thu	9:59	2.7	10:17	3.5	4:14	0.5	4:12	0.6	4:44	7:26	
24	Fri	10:46	2.8	10:59	3.6	5:00	0.4	4:58	0.5	4:45	7:25	
25	Sat	11:28	3.0	11:37	3.7	5:45	0.2	5:44	0.4	4:46	7:24	
26	Sun			12:06	3.1	6:28	0.1	6:30	0.3	4:47	7:23	
27	Mon	12:14	3.8	12:44	3.2	7:10	-0.1	7:15	0.2	4:48	7:22	
28	Tue	12:52	3.8	1:23	3.3	7:51	-0.1	8:00	0.2	4:49	7:21	
29	Wed	1:33	3.8	2:06	3.4	8:30	-0.2	8:44	0.2	4:50	7:20	
30	Thu	2:18	3.7	2:54	3.5	9:09	-0.2	9:30	0.2	4:51	7:19	
31	Fri	3:10	3.6	3:47	3.6	9:51	-0.1	10:23	0.3	4:52	7:18	