US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1738

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:33	2.7	9:20	2.4	2:42	0.5	3:38	0.3	6:34	5:50	
2	Sun	9:33	2.9	10:12	2.6	3:36	0.3	4:26	0.1	6:33	5:51	
3	Mon	10:23	3.1	10:56	2.9	4:25	0.1	5:11	-0.1	6:31	5:52	
4	Tue	11:06	3.3	11:36	3.1	5:14	-0.1	5:56	-0.3	6:29	5:53	
5	Wed	11:47	3.5			6:02	-0.3	6:40	-0.5	6:28	5:54	
6	Thu	12:16	3.3	12:28	3.6	6:50	-0.5	7:23	-0.6	6:26	5:56	
7	Fri	12:57	3.5	1:11	3.6	7:36	-0.6	8:05	-0.6	6:24	5:57	
8	Sat	1:41	3.6	1:58	3.5	8:23	-0.6	8:47	-0.6	6:23	5:58	
9	Sun	2:30	3.6	2:50	3.4	9:10	-0.6	9:31	-0.5	6:21	5:59	
10	Mon	3:23	3.6	3:48	3.2	10:01	-0.4	10:19	-0.3	6:19	6:00	
11	Tue	4:21	3.5	4:49	3.1	11:00	-0.2	11:18	-0.1	6:18	6:01	
12	Wed	5:21	3.4	5:50	2.9			12:07	0.0	6:16	6:02	
13	Thu	6:21	3.3	6:53	2.8	12:26	0.1	1:17	0.0	6:14	6:04	
14	Fri	7:25	3.2	8:01	2.8	1:37	0.1	2:23	0.0	6:13	6:05	
15	Sat	8:33	3.2	9:10	2.9	2:42	0.1	3:23	-0.1	6:11	6:06	
16	Sun	9:38	3.2	10:10	3.0	3:41	0.0	4:16	-0.2	6:09	6:07	
17	Mon	10:33	3.3	11:00	3.2	4:35	-0.1	5:06	-0.3	6:08	6:08	
18	Tue	11:20	3.4	11:44	3.3	5:25	-0.2	5:52	-0.3	6:06	6:09	
19	Wed			12:03	3.4	6:13	-0.2	6:36	-0.4	6:04	6:10	
20	Thu	12:25	3.4	12:44	3.4	6:57	-0.3	7:16	-0.3	6:02	6:11	
21	Fri	1:04	3.4	1:24	3.3	7:39	-0.3	7:54	-0.3	6:01	6:12	
22	Sat	1:42	3.3	2:05	3.2	8:19	-0.2	8:29	-0.1	5:59	6:13	
23	Sun	2:19	3.3	2:46	3.0	8:57	-0.1	9:02	0.0	5:57	6:15	
24	Mon	2:57	3.1	3:30	2.8	9:34	0.1	9:33	0.2	5:56	6:16	
25	Tue	3:35	3.0	4:15	2.7	10:12	0.3	10:02	0.4	5:54	6:17	
26	Wed	4:13	2.9	5:02	2.6	10:56	0.5	10:37	0.6	5:52	6:18	
27	Thu	4:54	2.8	5:49	2.5	11:54	0.6	11:28	0.7	5:50	6:19	
28	Fri	5:39	2.8	6:38	2.4			1:01	0.7	5:49	6:20	
29	Sat	6:29	2.8	7:34	2.5	12:48	0.8	2:04	0.6	5:47	6:21	
30	Sun	7:31	2.8	8:36	2.6	2:02	0.7	2:59	0.4	5:45	6:22	
31	Mon	8:41	2.9	9:33	2.8	3:02	0.5	3:49	0.2	5:44	6:23	