US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1742

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:33	3.3	11:50	4.2	5:57	-0.2	5:55	-0.1	4:28	7:37	
2	Mon			12:27	3.4	6:51	-0.3	6:49	-0.1	4:28	7:37	
3	Tue	12:41	4.1	1:22	3.3	7:42	-0.4	7:42	0.0	4:29	7:37	
4	Wed	1:33	4.0	2:17	3.3	8:30	-0.3	8:32	0.1	4:29	7:37	
5	Thu	2:27	3.8	3:14	3.3	9:17	-0.2	9:20	0.3	4:30	7:37	
6	Fri	3:21	3.6	4:09	3.2	10:04	0.0	10:10	0.5	4:30	7:36	
7	Sat	4:15	3.4	5:00	3.2	10:52	0.1	11:04	0.7	4:31	7:36	
8	Sun	5:05	3.2	5:48	3.2	11:42	0.3			4:32	7:36	
9	Mon	5:53	3.0	6:33	3.2	12:03	0.8	12:32	0.5	4:32	7:35	
10	Tue	6:40	2.8	7:19	3.2	1:04	0.9	1:22	0.6	4:33	7:35	
11	Wed	7:29	2.7	8:08	3.2	2:02	0.9	2:10	0.6	4:34	7:34	
12	Thu	8:24	2.6	8:58	3.3	2:55	0.8	2:56	0.7	4:35	7:34	
13	Fri	9:22	2.6	9:47	3.4	3:44	0.7	3:40	0.6	4:35	7:33	
14	Sat	10:14	2.7	10:31	3.5	4:30	0.5	4:24	0.6	4:36	7:33	
15	Sun	11:00	2.7	11:11	3.6	5:16	0.4	5:08	0.6	4:37	7:32	
16	Mon	11:42	2.8	11:49	3.7	6:01	0.3	5:53	0.5	4:38	7:32	
17	Tue			12:21	2.9	6:45	0.2	6:38	0.5	4:39	7:31	
18	Wed	12:25	3.7	1:01	2.9	7:28	0.1	7:22	0.4	4:40	7:30	
19	Thu	1:02	3.7	1:41	3.0	8:08	0.0	8:05	0.4	4:40	7:29	
20	Fri	1:43	3.7	2:25	3.1	8:47	0.0	8:47	0.4	4:41	7:29	
21	Sat	2:28	3.7	3:13	3.2	9:26	0.0	9:32	0.4	4:42	7:28	
22	Sun	3:19	3.6	4:04	3.3	10:07	0.0	10:24	0.5	4:43	7:27	
23	Mon	4:14	3.4	4:56	3.4	10:53	0.1	11:27	0.5	4:44	7:26	
24	Tue	5:10	3.3	5:48	3.5	11:47	0.1			4:45	7:25	
25	Wed	6:06	3.2	6:43	3.6	12:39	0.5	12:47	0.2	4:46	7:24	
26	Thu	7:06	3.1	7:42	3.7	1:49	0.5	1:50	0.2	4:47	7:24	
27	Fri	8:13	3.0	8:47	3.8	2:53	0.4	2:51	0.2	4:48	7:23	
28	Sat	9:23	3.1	9:51	3.9	3:52	0.2	3:49	0.1	4:49	7:22	
29	Sun	10:26	3.2	10:48	4.0	4:48	0.0	4:46	0.1	4:50	7:21	
30	Mon	11:22	3.3	11:39	4.0	5:42	-0.1	5:41	0.1	4:51	7:20	
31	Tue			12:14	3.4	6:33	-0.2	6:34	0.1	4:52	7:18	