US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1746

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:31**	3.2	**9:19**	3.4	**3:00**	0.3	**3:31**	0.0	4:55	6:57	
2	Mon	**9:36**	3.3	**10:13**	3.8	**3:58**	0.1	**4:20**	-0.2	4:54	6:58	
3	Tue	**10:33**	3.4	**11:02**	4.1	**4:54**	-0.2	**5:09**	-0.3	4:53	6:59	
4	Wed	**11:25**	3.5	**11:50**	4.2	**5:48**	-0.4	**5:59**	-0.4	4:51	7:00	
5	Thu			**12:16**	3.5	**6:42**	-0.5	**6:50**	-0.4	4:50	7:01	
6	Fri	**12:38**	4.3	**1:09**	3.4	**7:34**	-0.5	**7:40**	-0.3	4:49	7:02	
7	Sat	**1:28**	4.1	**2:05**	3.3	**8:24**	-0.5	**8:29**	-0.1	4:48	7:03	
8	Sun	**2:23**	3.9	**3:05**	3.1	**9:14**	-0.3	**9:20**	0.1	4:46	7:04	
9	Mon	**3:21**	3.7	**4:08**	3.0	**10:07**	-0.1	**10:13**	0.4	4:45	7:05	
10	Tue	**4:22**	3.5	**5:09**	2.9	**11:03**	0.1	**11:15**	0.6	4:44	7:06	
11	Wed	**5:21**	3.3	**6:05**	2.9			**12:04**	0.3	4:43	7:07	
12	Thu	**6:16**	3.1	**6:58**	2.9	**12:23**	0.8	**1:05**	0.4	4:42	7:08	
13	Fri	**7:10**	3.0	**7:51**	2.9	**1:29**	0.8	**1:59**	0.4	4:41	7:09	
14	Sat	**8:05**	2.9	**8:44**	3.0	**2:28**	0.8	**2:47**	0.4	4:40	7:10	
15	Sun	**9:00**	2.8	**9:33**	3.2	**3:20**	0.6	**3:30**	0.4	4:39	7:11	
16	Mon	**9:51**	2.8	**10:16**	3.3	**4:07**	0.5	**4:10**	0.4	4:38	7:12	
17	Tue	**10:37**	2.9	**10:54**	3.5	**4:52**	0.4	**4:49**	0.3	4:37	7:13	
18	Wed	**11:18**	2.9	**11:29**	3.5	**5:35**	0.3	**5:27**	0.3	4:36	7:14	
19	Thu	**11:57**	2.9			**6:18**	0.2	**6:06**	0.4	4:35	7:15	
20	Fri	**12:01**	3.6	**12:35**	2.9	**6:59**	0.2	**6:45**	0.4	4:34	7:16	
21	Sat	**12:30**	3.6	**1:13**	2.8	**7:40**	0.1	**7:23**	0.4	4:33	7:17	
22	Sun	**1:00**	3.5	**1:53**	2.7	**8:19**	0.1	**8:00**	0.5	4:33	7:18	
23	Mon	**1:32**	3.5	**2:36**	2.7	**8:57**	0.2	**8:36**	0.5	4:32	7:19	
24	Tue	**2:10**	3.4	**3:25**	2.7	**9:37**	0.2	**9:15**	0.6	4:31	7:20	
25	Wed	**2:59**	3.4	**4:18**	2.7	**10:20**	0.3	**10:01**	0.6	4:30	7:21	
26	Thu	**3:56**	3.3	**5:10**	2.8	**11:10**	0.4	**11:01**	0.7	4:30	7:22	
27	Fri	**4:56**	3.3	**6:01**	3.0			**12:09**	0.3	4:29	7:23	
28	Sat	**5:56**	3.2	**6:53**	3.2	**12:19**	0.7	**1:08**	0.3	4:28	7:23	
29	Sun	**6:56**	3.2	**7:50**	3.4	**1:34**	0.6	**2:04**	0.2	4:28	7:24	
30	Mon	**8:00**	3.1	**8:49**	3.7	**2:40**	0.4	**2:58**	0.0	4:27	7:25	
31	Tue	**9:08**	3.2	**9:47**	3.9	**3:40**	0.1	**3:50**	-0.1	4:27	7:26	