US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1747

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**3:10**	3.5	**3:31**	3.0	**9:51**	-0.3	**10:00**	-0.3	6:34	5:50	
2	Thu	**4:05**	3.4	**4:30**	2.8	**10:48**	-0.1	**10:53**	0.0	6:33	5:51	
3	Fri	**5:04**	3.3	**5:33**	2.7	**11:56**	0.1			6:31	5:52	
4	Sat	**6:06**	3.2	**6:40**	2.5	**12:03**	0.2	**1:11**	0.2	6:30	5:53	
5	Sun	**7:13**	3.1	**7:52**	2.5	**1:21**	0.3	**2:21**	0.2	6:28	5:54	
6	Mon	**8:27**	3.1	**9:07**	2.6	**2:33**	0.2	**3:23**	0.0	6:26	5:55	
7	Tue	**9:36**	3.2	**10:10**	2.8	**3:36**	0.1	**4:18**	-0.1	6:25	5:56	
8	Wed	**10:33**	3.3	**11:02**	3.1	**4:32**	0.0	**5:08**	-0.3	6:23	5:58	
9	Thu	**11:21**	3.4	**11:46**	3.2	**5:24**	-0.2	**5:54**	-0.4	6:21	5:59	
10	Fri			**12:04**	3.4	**6:13**	-0.3	**6:38**	-0.4	6:20	6:00	
11	Sat	**12:27**	3.3	**12:45**	3.4	**6:59**	-0.3	**7:18**	-0.4	6:18	6:01	
12	Sun	**1:06**	3.4	**1:25**	3.3	**7:41**	-0.3	**7:55**	-0.3	6:16	6:02	
13	Mon	**1:43**	3.3	**2:05**	3.1	**8:21**	-0.2	**8:29**	-0.2	6:15	6:03	
14	Tue	**2:20**	3.3	**2:46**	2.9	**8:59**	-0.1	**9:00**	0.0	6:13	6:04	
15	Wed	**2:57**	3.1	**3:29**	2.7	**9:36**	0.1	**9:29**	0.2	6:11	6:06	
16	Thu	**3:35**	3.0	**4:15**	2.5	**10:15**	0.3	**9:58**	0.4	6:10	6:07	
17	Fri	**4:15**	2.9	**5:04**	2.4	**11:01**	0.5	**10:31**	0.6	6:08	6:08	
18	Sat	**4:59**	2.8	**5:54**	2.3			**12:03**	0.7	6:06	6:09	
19	Sun	**5:47**	2.7	**6:47**	2.2			**1:14**	0.7	6:04	6:10	
20	Mon	**6:42**	2.6	**7:48**	2.3	**12:48**	0.8	**2:17**	0.7	6:03	6:11	
21	Tue	**7:48**	2.7	**8:52**	2.4	**2:07**	0.8	**3:11**	0.5	6:01	6:12	
22	Wed	**8:58**	2.8	**9:46**	2.6	**3:08**	0.6	**3:58**	0.3	5:59	6:13	
23	Thu	**9:55**	3.0	**10:31**	2.9	**4:00**	0.4	**4:42**	0.1	5:58	6:14	
24	Fri	**10:41**	3.2	**11:11**	3.2	**4:50**	0.1	**5:25**	-0.1	5:56	6:15	
25	Sat	**11:23**	3.4	**11:49**	3.5	**5:39**	-0.2	**6:07**	-0.3	5:54	6:17	
26	Sun			**12:05**	3.5	**6:28**	-0.4	**6:49**	-0.4	5:52	6:18	
27	Mon	**12:29**	3.7	**12:48**	3.5	**7:16**	-0.5	**7:31**	-0.5	5:51	6:19	
28	Tue	**1:11**	3.9	**1:34**	3.4	**8:03**	-0.6	**8:14**	-0.4	5:49	6:20	
29	Wed	**1:58**	3.9	**2:25**	3.2	**8:51**	-0.5	**8:58**	-0.3	5:47	6:21	
30	Thu	**2:50**	3.8	**3:23**	3.0	**9:41**	-0.3	**9:45**	-0.1	5:46	6:22	
31	Fri	**3:49**	3.6	**4:28**	2.9	**10:38**	-0.1	**10:42**	0.1	5:44	6:23	