US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1748

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**3:25**	3.1	**4:36**	2.7	**10:21**	0.4	**10:07**	0.9	4:26	7:27	
2	Sun	**4:10**	3.0	**5:20**	2.8	**11:03**	0.5	**10:55**	1.0	4:26	7:28	
3	Mon	**4:54**	2.9	**6:01**	2.8	**11:50**	0.6			4:25	7:29	
4	Tue	**5:38**	2.9	**6:40**	3.0	**12:00**	1.0	**12:40**	0.6	4:25	7:29	
5	Wed	**6:24**	2.8	**7:23**	3.1	**1:10**	0.9	**1:31**	0.5	4:25	7:30	
6	Thu	**7:18**	2.8	**8:12**	3.3	**2:13**	0.8	**2:21**	0.5	4:24	7:31	
7	Fri	**8:21**	2.8	**9:05**	3.5	**3:10**	0.6	**3:10**	0.4	4:24	7:31	
8	Sat	**9:27**	2.9	**9:58**	3.8	**4:03**	0.3	**4:00**	0.2	4:24	7:32	
9	Sun	**10:25**	3.0	**10:48**	4.0	**4:56**	0.1	**4:51**	0.1	4:24	7:32	
10	Mon	**11:18**	3.1	**11:38**	4.2	**5:50**	-0.1	**5:45**	0.0	4:24	7:33	
11	Tue			**12:11**	3.2	**6:43**	-0.3	**6:41**	-0.1	4:23	7:33	
12	Wed	**12:29**	4.2	**1:06**	3.3	**7:35**	-0.4	**7:36**	-0.1	4:23	7:34	
13	Thu	**1:24**	4.2	**2:06**	3.3	**8:26**	-0.5	**8:30**	-0.1	4:23	7:34	
14	Fri	**2:22**	4.0	**3:08**	3.3	**9:15**	-0.4	**9:24**	0.0	4:23	7:35	
15	Sat	**3:23**	3.9	**4:10**	3.4	**10:06**	-0.3	**10:22**	0.2	4:23	7:35	
16	Sun	**4:23**	3.7	**5:08**	3.4	**11:00**	-0.2	**11:26**	0.3	4:23	7:36	
17	Mon	**5:20**	3.5	**6:02**	3.5	**11:56**	-0.1			4:23	7:36	
18	Tue	**6:14**	3.3	**6:54**	3.5	**12:32**	0.4	**12:53**	0.1	4:24	7:36	
19	Wed	**7:09**	3.1	**7:47**	3.5	**1:37**	0.5	**1:48**	0.2	4:24	7:36	
20	Thu	**8:06**	2.9	**8:42**	3.5	**2:37**	0.5	**2:40**	0.3	4:24	7:37	
21	Fri	**9:05**	2.9	**9:34**	3.5	**3:32**	0.4	**3:29**	0.3	4:24	7:37	
22	Sat	**10:02**	2.8	**10:22**	3.6	**4:22**	0.3	**4:15**	0.4	4:24	7:37	
23	Sun	**10:51**	2.9	**11:05**	3.6	**5:10**	0.3	**5:00**	0.4	4:25	7:37	
24	Mon	**11:37**	2.9	**11:46**	3.6	**5:57**	0.2	**5:45**	0.5	4:25	7:37	
25	Tue			**12:20**	2.9	**6:41**	0.2	**6:29**	0.5	4:25	7:37	
26	Wed	**12:24**	3.6	**1:03**	2.9	**7:23**	0.2	**7:12**	0.5	4:26	7:37	
27	Thu	**1:02**	3.5	**1:46**	2.9	**8:03**	0.2	**7:52**	0.5	4:26	7:38	
28	Fri	**1:39**	3.4	**2:30**	2.9	**8:40**	0.2	**8:30**	0.6	4:26	7:37	
29	Sat	**2:14**	3.3	**3:15**	2.9	**9:14**	0.2	**9:06**	0.7	4:27	7:37	
30	Sun	**2:50**	3.2	**3:58**	2.9	**9:48**	0.3	**9:42**	0.8	4:27	7:37	