US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1748

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**9:08**	3.5	**9:29**	3.4	**3:13**	0.0	**3:44**	0.2	6:32	4:54	
2	Sat	**10:02**	3.7	**10:22**	3.5	**4:02**	-0.1	**4:37**	0.0	6:34	4:52	
3	Sun	**10:49**	3.9	**11:10**	3.5	**4:49**	-0.2	**5:28**	-0.1	6:35	4:51	
4	Mon	**11:32**	4.0	**11:55**	3.4	**5:35**	-0.2	**6:16**	-0.1	6:36	4:50	
5	Tue			**12:13**	3.9	**6:19**	-0.1	**7:03**	-0.1	6:37	4:49	
6	Wed	**12:39**	3.3	**12:53**	3.9	**7:03**	0.0	**7:48**	-0.1	6:39	4:48	
7	Thu	**1:24**	3.2	**1:34**	3.7	**7:44**	0.2	**8:31**	0.1	6:40	4:47	
8	Fri	**2:12**	3.0	**2:17**	3.5	**8:24**	0.3	**9:14**	0.2	6:41	4:46	
9	Sat	**3:02**	2.9	**3:03**	3.3	**9:02**	0.5	**9:57**	0.4	6:42	4:45	
10	Sun	**3:56**	2.7	**3:55**	3.1	**9:41**	0.7	**10:44**	0.6	6:43	4:44	
11	Mon	**4:50**	2.7	**4:48**	3.0	**10:25**	0.9	**11:37**	0.7	6:45	4:43	
12	Tue	**5:41**	2.6	**5:37**	2.9	**11:24**	1.0			6:46	4:42	
13	Wed	**6:30**	2.7	**6:25**	2.8	**12:34**	0.7	**12:35**	1.0	6:47	4:41	
14	Thu	**7:18**	2.7	**7:14**	2.8	**1:28**	0.7	**1:41**	1.0	6:48	4:40	
15	Fri	**8:07**	2.9	**8:07**	2.8	**2:16**	0.6	**2:37**	0.8	6:50	4:39	
16	Sat	**8:55**	3.0	**9:03**	2.8	**3:00**	0.5	**3:27**	0.6	6:51	4:38	
17	Sun	**9:40**	3.3	**9:53**	2.9	**3:42**	0.4	**4:15**	0.4	6:52	4:37	
18	Mon	**10:20**	3.5	**10:37**	3.0	**4:22**	0.2	**5:02**	0.2	6:53	4:37	
19	Tue	**10:58**	3.7	**11:19**	3.1	**5:04**	0.1	**5:49**	0.0	6:54	4:36	
20	Wed	**11:37**	3.9			**5:48**	0.0	**6:38**	-0.2	6:56	4:35	
21	Thu	**12:01**	3.1	**12:19**	4.0	**6:34**	0.0	**7:26**	-0.3	6:57	4:34	
22	Fri	**12:47**	3.1	**1:05**	4.0	**7:22**	-0.1	**8:14**	-0.3	6:58	4:34	
23	Sat	**1:38**	3.1	**1:57**	3.9	**8:11**	-0.1	**9:02**	-0.3	6:59	4:33	
24	Sun	**2:36**	3.0	**2:57**	3.8	**9:01**	0.0	**9:53**	-0.2	7:00	4:33	
25	Mon	**3:42**	3.0	**4:01**	3.6	**9:57**	0.1	**10:49**	-0.1	7:01	4:32	
26	Tue	**4:47**	3.0	**5:05**	3.5	**11:02**	0.3	**11:50**	0.0	7:03	4:32	
27	Wed	**5:48**	3.1	**6:05**	3.3			**12:15**	0.4	7:04	4:31	
28	Thu	**6:46**	3.2	**7:03**	3.2	**12:52**	0.0	**1:26**	0.4	7:05	4:31	
29	Fri	**7:45**	3.3	**8:04**	3.1	**1:51**	0.0	**2:30**	0.3	7:06	4:31	
30	Sat	**8:44**	3.4	**9:05**	3.0	**2:45**	-0.1	**3:27**	0.1	7:07	4:30	