US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1750

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:38	2.7	6:39	2.3	12:31	0.4	1:16	0.7	7:27	4:40	
2	Fri	7:23	2.7	7:32	2.3	1:25	0.5	2:16	0.6	7:27	4:41	
3	Sat	8:15	2.8	8:35	2.3	2:18	0.4	3:11	0.4	7:27	4:42	
4	Sun	9:10	3.0	9:37	2.4	3:09	0.3	4:02	0.2	7:27	4:43	
5	Mon	10:01	3.2	10:28	2.5	3:58	0.2	4:50	0.0	7:27	4:44	
6	Tue	10:46	3.4	11:13	2.7	4:47	0.0	5:38	-0.2	7:27	4:45	
7	Wed	11:29	3.6	11:57	2.8	5:35	-0.1	6:26	-0.4	7:27	4:46	
8	Thu			12:13	3.7	6:25	-0.3	7:12	-0.6	7:27	4:47	
9	Fri	12:41	3.0	12:58	3.7	7:14	-0.4	7:56	-0.7	7:26	4:48	
10	Sat	1:28	3.1	1:46	3.7	8:03	-0.5	8:40	-0.7	7:26	4:49	
11	Sun	2:18	3.2	2:37	3.6	8:51	-0.5	9:24	-0.7	7:26	4:50	
12	Mon	3:13	3.2	3:33	3.4	9:42	-0.4	10:11	-0.6	7:26	4:51	
13	Tue	4:10	3.3	4:31	3.2	10:39	-0.2	11:03	-0.4	7:25	4:52	
14	Wed	5:08	3.3	5:28	3.0	11:44	0.0			7:25	4:53	
15	Thu	6:04	3.2	6:27	2.8	12:02	-0.3	12:55	0.1	7:24	4:54	
16	Fri	7:02	3.2	7:29	2.7	1:05	-0.1	2:02	0.1	7:24	4:55	
17	Sat	8:05	3.1	8:37	2.6	2:08	-0.1	3:05	0.0	7:23	4:57	
18	Sun	9:11	3.2	9:43	2.6	3:08	-0.1	4:02	-0.1	7:23	4:58	
19	Mon	10:10	3.2	10:39	2.7	4:03	-0.1	4:55	-0.2	7:22	4:59	
20	Tue	11:01	3.3	11:28	2.8	4:55	-0.1	5:44	-0.3	7:22	5:00	
21	Wed	11:45	3.3			5:44	-0.2	6:31	-0.4	7:21	5:01	
22	Thu	12:13	2.9	12:27	3.3	6:31	-0.2	7:13	-0.4	7:20	5:03	
23	Fri	12:55	2.9	1:06	3.3	7:15	-0.2	7:53	-0.4	7:20	5:04	
24	Sat	1:37	2.9	1:45	3.2	7:56	-0.1	8:29	-0.3	7:19	5:05	
25	Sun	2:18	2.9	2:24	3.0	8:34	-0.1	9:03	-0.2	7:18	5:06	
26	Mon	3:00	2.9	3:02	2.9	9:10	0.1	9:35	-0.1	7:17	5:08	
27	Tue	3:41	2.8	3:40	2.7	9:46	0.2	10:05	0.1	7:16	5:09	
28	Wed	4:21	2.7	4:19	2.5	10:24	0.4	10:34	0.2	7:15	5:10	
29	Thu	5:00	2.7	5:00	2.4	11:11	0.5	11:08	0.4	7:15	5:11	
30	Fri	5:39	2.7	5:44	2.3			12:16	0.6	7:14	5:13	
31	Sat	6:22	2.7	6:35	2.2	12:02	0.5	1:28	0.6	7:13	5:14	