US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1750

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:21	3.1	10:43	3.9	4:42	0.0	4:41	0.0	4:28	7:37	
2	Thu	11:16	3.2	11:33	3.9	5:36	-0.1	5:34	0.0	4:28	7:37	
3	Fri			12:07	3.3	6:27	-0.2	6:26	0.1	4:29	7:37	
4	Sat	12:21	3.9	12:57	3.3	7:16	-0.2	7:16	0.1	4:29	7:37	
5	Sun	1:07	3.8	1:46	3.3	8:01	-0.2	8:03	0.2	4:30	7:36	
6	Mon	1:53	3.7	2:36	3.2	8:44	-0.1	8:47	0.3	4:31	7:36	
7	Tue	2:40	3.5	3:25	3.2	9:24	0.0	9:30	0.5	4:31	7:36	
8	Wed	3:27	3.3	4:13	3.2	10:04	0.2	10:14	0.7	4:32	7:36	
9	Thu	4:15	3.1	4:59	3.2	10:44	0.4	11:03	0.8	4:33	7:35	
10	Fri	5:00	2.9	5:43	3.2	11:26	0.5			4:33	7:35	
11	Sat	5:44	2.8	6:25	3.2	12:00	0.9	12:13	0.6	4:34	7:34	
12	Sun	6:29	2.7	7:08	3.2	1:01	1.0	1:04	0.7	4:35	7:34	
13	Mon	7:18	2.6	7:56	3.2	2:00	0.9	1:56	0.8	4:36	7:33	
14	Tue	8:16	2.5	8:49	3.3	2:54	0.8	2:47	0.7	4:36	7:33	
15	Wed	9:19	2.6	9:41	3.4	3:45	0.6	3:37	0.7	4:37	7:32	
16	Thu	10:13	2.7	10:28	3.6	4:33	0.5	4:25	0.5	4:38	7:31	
17	Fri	10:59	2.9	11:10	3.8	5:20	0.3	5:13	0.4	4:39	7:31	
18	Sat	11:41	3.0	11:52	3.9	6:06	0.1	6:03	0.3	4:40	7:30	
19	Sun			12:23	3.2	6:52	-0.1	6:52	0.2	4:40	7:29	
20	Mon	12:34	4.0	1:07	3.3	7:35	-0.2	7:41	0.1	4:41	7:29	
21	Tue	1:19	3.9	1:55	3.4	8:18	-0.3	8:29	0.0	4:42	7:28	
22	Wed	2:07	3.9	2:46	3.5	9:00	-0.3	9:17	0.1	4:43	7:27	
23	Thu	3:01	3.7	3:41	3.6	9:43	-0.3	10:11	0.2	4:44	7:26	
24	Fri	3:58	3.6	4:37	3.7	10:30	-0.1	11:12	0.3	4:45	7:25	
25	Sat	4:56	3.4	5:33	3.7	11:25	0.0			4:46	7:24	
26	Sun	5:54	3.2	6:28	3.7	12:20	0.4	12:26	0.1	4:47	7:23	
27	Mon	6:53	3.1	7:28	3.7	1:29	0.4	1:31	0.2	4:48	7:23	
28	Tue	7:58	3.0	8:32	3.7	2:33	0.4	2:33	0.3	4:49	7:22	
29	Wed	9:07	3.0	9:35	3.7	3:32	0.3	3:32	0.3	4:50	7:20	
30	Thu	10:09	3.1	10:31	3.8	4:27	0.2	4:26	0.2	4:51	7:19	
31	Fri	11:03	3.2	11:20	3.8	5:18	0.1	5:18	0.2	4:52	7:18	