US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1751

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:36**	3.6	**3:07**	3.3	**9:25**	-0.5	**9:36**	-0.5	6:34	5:50	
2	Tue	**3:31**	3.5	**4:06**	3.1	**10:18**	-0.3	**10:26**	-0.3	6:33	5:51	
3	Wed	**4:30**	3.4	**5:07**	2.9	**11:20**	-0.1	**11:27**	-0.1	6:31	5:52	
4	Thu	**5:32**	3.3	**6:09**	2.8			**12:30**	0.0	6:30	5:53	
5	Fri	**6:34**	3.2	**7:13**	2.7	**12:38**	0.1	**1:40**	0.1	6:28	5:54	
6	Sat	**7:41**	3.1	**8:22**	2.7	**1:49**	0.1	**2:44**	0.0	6:26	5:55	
7	Sun	**8:51**	3.1	**9:28**	2.9	**2:54**	0.1	**3:41**	-0.1	6:25	5:57	
8	Mon	**9:54**	3.1	**10:24**	3.0	**3:52**	0.0	**4:33**	-0.2	6:23	5:58	
9	Tue	**10:46**	3.2	**11:11**	3.2	**4:44**	-0.1	**5:20**	-0.3	6:21	5:59	
10	Wed	**11:30**	3.3	**11:54**	3.3	**5:33**	-0.2	**6:05**	-0.3	6:20	6:00	
11	Thu			**12:11**	3.3	**6:19**	-0.3	**6:46**	-0.3	6:18	6:01	
12	Fri	**12:33**	3.4	**12:50**	3.3	**7:03**	-0.3	**7:25**	-0.3	6:16	6:02	
13	Sat	**1:11**	3.4	**1:28**	3.2	**7:44**	-0.3	**8:01**	-0.2	6:15	6:03	
14	Sun	**1:49**	3.3	**2:06**	3.0	**8:22**	-0.2	**8:34**	-0.1	6:13	6:04	
15	Mon	**2:26**	3.2	**2:45**	2.8	**8:59**	0.0	**9:05**	0.1	6:11	6:06	
16	Tue	**3:04**	3.1	**3:26**	2.7	**9:35**	0.1	**9:34**	0.3	6:10	6:07	
17	Wed	**3:42**	3.0	**4:10**	2.5	**10:12**	0.3	**10:01**	0.5	6:08	6:08	
18	Thu	**4:23**	2.9	**4:56**	2.4	**10:55**	0.5	**10:35**	0.6	6:06	6:09	
19	Fri	**5:07**	2.8	**5:44**	2.3	**11:56**	0.6	**11:32**	0.7	6:04	6:10	
20	Sat	**5:55**	2.7	**6:35**	2.3			**1:06**	0.6	6:03	6:11	
21	Sun	**6:50**	2.7	**7:35**	2.4	**1:06**	0.8	**2:10**	0.5	6:01	6:12	
22	Mon	**7:55**	2.8	**8:40**	2.6	**2:18**	0.7	**3:04**	0.4	5:59	6:13	
23	Tue	**9:02**	3.0	**9:38**	2.8	**3:18**	0.4	**3:54**	0.1	5:58	6:14	
24	Wed	**9:59**	3.2	**10:26**	3.2	**4:11**	0.2	**4:40**	-0.1	5:56	6:15	
25	Thu	**10:48**	3.4	**11:10**	3.5	**5:02**	-0.1	**5:26**	-0.3	5:54	6:17	
26	Fri	**11:34**	3.5	**11:53**	3.8	**5:53**	-0.4	**6:12**	-0.5	5:52	6:18	
27	Sat			**12:20**	3.6	**6:44**	-0.6	**6:58**	-0.6	5:51	6:19	
28	Sun	**12:37**	3.9	**1:08**	3.6	**7:34**	-0.7	**7:44**	-0.6	5:49	6:20	
29	Mon	**1:25**	4.0	**1:59**	3.5	**8:23**	-0.7	**8:31**	-0.6	5:47	6:21	
30	Tue	**2:17**	3.9	**2:56**	3.3	**9:13**	-0.6	**9:18**	-0.4	5:46	6:22	
31	Wed	**3:14**	3.8	**3:57**	3.2	**10:06**	-0.4	**10:11**	-0.2	5:44	6:23	