US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 1754

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:04	3.3	7:58	3.3	1:37	0.4	2:20	0.1	4:55	6:57	
2	Thu	8:14	3.3	9:02	3.5	2:44	0.2	3:16	-0.1	4:54	6:58	
3	Fri	9:23	3.4	10:01	3.8	3:44	0.0	4:09	-0.3	4:53	6:59	
4	Sat	10:23	3.5	10:53	4.0	4:40	-0.3	5:00	-0.4	4:51	7:00	
5	Sun	11:17	3.6	11:42	4.2	5:34	-0.4	5:51	-0.4	4:50	7:01	
6	Mon			12:07	3.6	6:27	-0.5	6:41	-0.4	4:49	7:02	
7	Tue	12:30	4.2	12:58	3.5	7:18	-0.6	7:30	-0.3	4:48	7:03	
8	Wed	1:18	4.1	1:50	3.4	8:07	-0.5	8:17	-0.2	4:46	7:04	
9	Thu	2:08	3.9	2:44	3.3	8:54	-0.4	9:04	0.0	4:45	7:05	
10	Fri	2:59	3.7	3:40	3.1	9:40	-0.2	9:51	0.3	4:44	7:06	
11	Sat	3:53	3.5	4:36	3.0	10:29	0.0	10:42	0.6	4:43	7:07	
12	Sun	4:47	3.3	5:28	3.0	11:22	0.3	11:40	0.7	4:42	7:08	
13	Mon	5:38	3.1	6:18	2.9			12:18	0.4	4:41	7:10	
14	Tue	6:28	3.0	7:07	2.9	12:42	0.8	1:13	0.5	4:40	7:11	
15	Wed	7:19	2.9	7:58	3.0	1:43	0.8	2:04	0.5	4:39	7:12	
16	Thu	8:14	2.8	8:50	3.1	2:38	0.8	2:51	0.5	4:38	7:13	
17	Fri	9:09	2.8	9:39	3.2	3:28	0.6	3:35	0.4	4:37	7:13	
18	Sat	10:00	2.9	10:22	3.4	4:14	0.5	4:17	0.3	4:36	7:14	
19	Sun	10:44	3.0	10:59	3.5	4:59	0.3	4:58	0.3	4:35	7:15	
20	Mon	11:25	3.0	11:33	3.6	5:43	0.2	5:40	0.2	4:34	7:16	
21	Tue			12:03	3.1	6:27	0.1	6:21	0.2	4:33	7:17	
22	Wed	12:05	3.7	12:41	3.1	7:10	0.0	7:03	0.2	4:33	7:18	
23	Thu	12:37	3.7	1:21	3.1	7:52	-0.1	7:44	0.2	4:32	7:19	
24	Fri	1:14	3.7	2:05	3.1	8:33	-0.1	8:26	0.2	4:31	7:20	
25	Sat	1:56	3.7	2:56	3.1	9:15	-0.1	9:09	0.2	4:30	7:21	
26	Sun	2:47	3.6	3:52	3.1	10:01	0.0	9:58	0.3	4:30	7:22	
27	Mon	3:45	3.5	4:50	3.2	10:52	0.0	10:58	0.4	4:29	7:23	
28	Tue	4:48	3.5	5:46	3.3	11:52	0.1			4:28	7:24	
29	Wed	5:49	3.4	6:42	3.4	12:11	0.4	12:54	0.1	4:28	7:24	
30	Thu	6:50	3.3	7:40	3.6	1:22	0.4	1:54	0.0	4:27	7:25	
31	Fri	7:55	3.2	8:42	3.7	2:28	0.2	2:51	-0.1	4:27	7:26	