US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1756

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**11:47**	4.0			**5:54**	-0.6	**6:37**	-0.8	7:27	4:40	
2	Fri	**12:15**	3.3	**12:38**	4.0	**6:47**	-0.7	**7:28**	-0.8	7:27	4:40	
3	Sat	**1:08**	3.3	**1:29**	3.9	**7:39**	-0.6	**8:17**	-0.8	7:27	4:41	
4	Sun	**2:02**	3.2	**2:21**	3.7	**8:28**	-0.5	**9:03**	-0.7	7:27	4:42	
5	Mon	**2:57**	3.1	**3:14**	3.5	**9:16**	-0.3	**9:50**	-0.5	7:27	4:43	
6	Tue	**3:52**	3.0	**4:08**	3.3	**10:05**	-0.1	**10:38**	-0.3	7:27	4:44	
7	Wed	**4:45**	2.9	**5:00**	3.0	**10:59**	0.2	**11:29**	-0.1	7:27	4:45	
8	Thu	**5:35**	2.9	**5:50**	2.8	**11:59**	0.4			7:27	4:46	
9	Fri	**6:24**	2.8	**6:39**	2.6	**12:22**	0.1	**1:01**	0.5	7:27	4:47	
10	Sat	**7:13**	2.8	**7:31**	2.5	**1:16**	0.2	**2:00**	0.5	7:26	4:48	
11	Sun	**8:05**	2.8	**8:28**	2.4	**2:08**	0.3	**2:55**	0.4	7:26	4:49	
12	Mon	**9:00**	2.8	**9:25**	2.4	**2:57**	0.2	**3:45**	0.3	7:26	4:50	
13	Tue	**9:51**	2.9	**10:17**	2.5	**3:43**	0.2	**4:32**	0.2	7:25	4:52	
14	Wed	**10:36**	3.1	**11:02**	2.6	**4:27**	0.1	**5:17**	0.0	7:25	4:53	
15	Thu	**11:15**	3.2	**11:43**	2.7	**5:11**	0.0	**6:00**	-0.1	7:25	4:54	
16	Fri	**11:51**	3.3			**5:54**	-0.1	**6:43**	-0.2	7:24	4:55	
17	Sat	**12:21**	2.8	**12:24**	3.3	**6:37**	-0.1	**7:23**	-0.3	7:24	4:56	
18	Sun	**12:58**	2.8	**12:57**	3.3	**7:18**	-0.2	**8:02**	-0.4	7:23	4:57	
19	Mon	**1:35**	2.8	**1:31**	3.3	**7:58**	-0.2	**8:39**	-0.4	7:23	4:58	
20	Tue	**2:14**	2.9	**2:10**	3.3	**8:37**	-0.2	**9:16**	-0.4	7:22	5:00	
21	Wed	**2:56**	2.9	**2:55**	3.2	**9:18**	-0.2	**9:54**	-0.3	7:21	5:01	
22	Thu	**3:45**	2.9	**3:47**	3.1	**10:04**	-0.1	**10:38**	-0.2	7:21	5:02	
23	Fri	**4:37**	3.0	**4:44**	3.0	**11:01**	0.0	**11:33**	-0.1	7:20	5:03	
24	Sat	**5:32**	3.1	**5:43**	2.9			**12:13**	0.1	7:19	5:05	
25	Sun	**6:29**	3.1	**6:46**	2.8	**12:39**	-0.1	**1:28**	0.1	7:18	5:06	
26	Mon	**7:32**	3.2	**7:57**	2.7	**1:47**	-0.1	**2:36**	0.0	7:18	5:07	
27	Tue	**8:41**	3.3	**9:11**	2.8	**2:50**	-0.2	**3:37**	-0.2	7:17	5:08	
28	Wed	**9:47**	3.5	**10:16**	2.9	**3:49**	-0.3	**4:34**	-0.4	7:16	5:10	
29	Thu	**10:44**	3.6	**11:12**	3.1	**4:46**	-0.5	**5:28**	-0.6	7:15	5:11	
30	Fri	**11:36**	3.7			**5:40**	-0.6	**6:20**	-0.7	7:14	5:12	
31	Sat	**12:03**	3.2	**12:24**	3.8	**6:32**	-0.6	**7:09**	-0.8	7:13	5:13	