US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1756

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**12:33**	3.3	**12:52**	3.6	**7:04**	-0.5	**7:29**	-0.6	6:33	5:50	
2	Tue	**1:16**	3.3	**1:36**	3.5	**7:49**	-0.4	**8:10**	-0.5	6:31	5:52	
3	Wed	**1:59**	3.3	**2:19**	3.3	**8:31**	-0.3	**8:48**	-0.4	6:30	5:53	
4	Thu	**2:41**	3.2	**3:04**	3.1	**9:11**	-0.2	**9:24**	-0.2	6:28	5:54	
5	Fri	**3:24**	3.1	**3:50**	2.9	**9:52**	0.0	**9:59**	0.1	6:27	5:55	
6	Sat	**4:08**	3.0	**4:37**	2.7	**10:35**	0.3	**10:35**	0.3	6:25	5:56	
7	Sun	**4:52**	2.8	**5:24**	2.5	**11:26**	0.5	**11:18**	0.5	6:23	5:57	
8	Mon	**5:36**	2.7	**6:13**	2.4			**12:27**	0.6	6:22	5:59	
9	Tue	**6:21**	2.7	**7:05**	2.4	**12:18**	0.6	**1:31**	0.6	6:20	6:00	
10	Wed	**7:14**	2.6	**8:04**	2.4	**1:26**	0.7	**2:30**	0.6	6:18	6:01	
11	Thu	**8:16**	2.7	**9:05**	2.5	**2:28**	0.6	**3:22**	0.4	6:17	6:02	
12	Fri	**9:18**	2.8	**9:58**	2.7	**3:23**	0.4	**4:10**	0.2	6:15	6:03	
13	Sat	**10:10**	3.0	**10:43**	2.9	**4:13**	0.2	**4:55**	0.0	6:13	6:04	
14	Sun	**10:53**	3.2	**11:23**	3.1	**5:01**	0.0	**5:39**	-0.2	6:12	6:05	
15	Mon	**11:33**	3.4			**5:48**	-0.2	**6:22**	-0.3	6:10	6:06	
16	Tue	**12:01**	3.4	**12:13**	3.5	**6:35**	-0.4	**7:05**	-0.5	6:08	6:08	
17	Wed	**12:40**	3.5	**12:55**	3.6	**7:22**	-0.5	**7:47**	-0.5	6:06	6:09	
18	Thu	**1:22**	3.7	**1:40**	3.5	**8:08**	-0.6	**8:28**	-0.5	6:05	6:10	
19	Fri	**2:08**	3.7	**2:31**	3.4	**8:55**	-0.6	**9:11**	-0.5	6:03	6:11	
20	Sat	**3:00**	3.7	**3:27**	3.2	**9:44**	-0.4	**9:58**	-0.3	6:01	6:12	
21	Sun	**3:57**	3.6	**4:28**	3.1	**10:39**	-0.2	**10:54**	-0.1	6:00	6:13	
22	Mon	**4:58**	3.5	**5:31**	3.0	**11:44**	-0.1			5:58	6:14	
23	Tue	**5:59**	3.4	**6:34**	2.9	**12:02**	0.1	**12:54**	0.0	5:56	6:15	
24	Wed	**7:02**	3.3	**7:40**	2.9	**1:14**	0.2	**2:01**	0.0	5:54	6:16	
25	Thu	**8:09**	3.2	**8:48**	2.9	**2:22**	0.2	**3:02**	0.0	5:53	6:17	
26	Fri	**9:16**	3.2	**9:50**	3.1	**3:23**	0.1	**3:56**	-0.1	5:51	6:19	
27	Sat	**10:14**	3.3	**10:43**	3.3	**4:18**	0.0	**4:47**	-0.2	5:49	6:20	
28	Sun	**11:03**	3.4	**11:28**	3.4	**5:09**	-0.1	**5:34**	-0.3	5:48	6:21	
29	Mon	**11:48**	3.5			**5:58**	-0.2	**6:18**	-0.3	5:46	6:22	
30	Tue	**12:09**	3.5	**12:29**	3.4	**6:44**	-0.3	**7:00**	-0.3	5:44	6:23	
31	Wed	**12:48**	3.5	**1:10**	3.4	**7:27**	-0.3	**7:39**	-0.2	5:43	6:24	