US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1757

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:11	2.9	4:17	3.3	10:03	0.6	11:02	0.6	6:32	4:54	
2	Wed	5:04	2.8	5:09	3.1	10:51	0.9			6:33	4:53	
3	Thu	5:56	2.7	5:59	3.0	12:00	0.7	11:53 AM	1.0	6:35	4:51	
4	Fri	6:47	2.7	6:50	2.9	12:59	0.7	1:00	1.0	6:36	4:50	
5	Sat	7:39	2.8	7:43	2.9	1:54	0.7	2:02	1.0	6:37	4:49	
6	Sun	8:33	2.9	8:39	2.9	2:43	0.6	2:55	0.8	6:38	4:48	
7	Mon	9:23	3.1	9:31	3.0	3:27	0.4	3:44	0.6	6:40	4:47	
8	Tue	10:06	3.3	10:15	3.1	4:08	0.3	4:30	0.4	6:41	4:46	
9	Wed	10:45	3.5	10:55	3.2	4:49	0.2	5:15	0.2	6:42	4:45	
10	Thu	11:20	3.7	11:33	3.3	5:29	0.1	6:00	0.0	6:43	4:44	
11	Fri	11:54	3.8			6:10	0.0	6:46	-0.1	6:44	4:43	
12	Sat	12:11	3.3	12:31	3.9	6:52	-0.1	7:31	-0.2	6:46	4:42	
13	Sun	12:52	3.3	1:12	4.0	7:35	-0.1	8:17	-0.3	6:47	4:41	
14	Mon	1:39	3.2	1:59	3.9	8:19	-0.1	9:04	-0.2	6:48	4:40	
15	Tue	2:34	3.1	2:55	3.8	9:05	0.0	9:55	-0.1	6:49	4:39	
16	Wed	3:37	3.1	3:59	3.7	9:57	0.2	10:52	0.0	6:51	4:38	
17	Thu	4:45	3.0	5:05	3.6	11:02	0.3	11:57	0.1	6:52	4:37	
18	Fri	5:48	3.1	6:07	3.4			12:17	0.4	6:53	4:37	
19	Sat	6:50	3.2	7:09	3.4	1:03	0.1	1:29	0.4	6:54	4:36	
20	Sun	7:52	3.3	8:13	3.3	2:03	0.0	2:34	0.2	6:55	4:35	
21	Mon	8:54	3.4	9:15	3.3	2:59	-0.1	3:32	0.1	6:57	4:35	
22	Tue	9:50	3.6	10:11	3.4	3:50	-0.2	4:26	-0.1	6:58	4:34	
23	Wed	10:39	3.7	11:00	3.4	4:39	-0.3	5:16	-0.2	6:59	4:33	
24	Thu	11:24	3.8	11:46	3.4	5:25	-0.3	6:05	-0.2	7:00	4:33	
25	Fri			12:05	3.8	6:10	-0.2	6:52	-0.3	7:01	4:32	
26	Sat	12:30	3.3	12:45	3.8	6:54	-0.1	7:37	-0.2	7:02	4:32	
27	Sun	1:14	3.2	1:25	3.6	7:36	0.0	8:19	-0.1	7:03	4:31	
28	Mon	2:00	3.0	2:06	3.5	8:15	0.1	9:00	0.0	7:05	4:31	
29	Tue	2:48	2.9	2:50	3.3	8:53	0.3	9:41	0.1	7:06	4:31	
30	Wed	3:39	2.8	3:36	3.1	9:30	0.5	10:24	0.3	7:07	4:30	