US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1758

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:35	3.3	9:14	3.7	3:01	0.2	3:17	-0.1	4:26	7:27	
2	Fri	9:37	3.3	10:09	3.8	3:57	0.1	4:08	-0.2	4:26	7:28	
3	Sat	10:33	3.3	10:57	3.9	4:51	-0.1	4:57	-0.2	4:25	7:28	
4	Sun	11:23	3.4	11:42	4.0	5:42	-0.2	5:45	-0.1	4:25	7:29	
5	Mon			12:11	3.3	6:32	-0.2	6:33	0.0	4:25	7:30	
6	Tue	12:25	3.9	12:58	3.3	7:20	-0.2	7:19	0.1	4:24	7:30	
7	Wed	1:08	3.8	1:47	3.2	8:05	-0.2	8:02	0.2	4:24	7:31	
8	Thu	1:52	3.7	2:37	3.1	8:48	-0.1	8:44	0.4	4:24	7:32	
9	Fri	2:37	3.5	3:29	3.0	9:30	0.1	9:24	0.6	4:24	7:32	
10	Sat	3:26	3.3	4:20	2.9	10:13	0.2	10:07	0.7	4:24	7:33	
11	Sun	4:15	3.2	5:10	2.9	10:59	0.4	10:56	0.9	4:23	7:33	
12	Mon	5:03	3.0	5:56	2.9	11:48	0.5	11:55	1.0	4:23	7:34	
13	Tue	5:48	2.9	6:40	2.9			12:40	0.6	4:23	7:34	
14	Wed	6:33	2.8	7:26	3.0	12:59	1.0	1:30	0.6	4:23	7:35	
15	Thu	7:20	2.8	8:13	3.1	1:58	0.9	2:18	0.6	4:23	7:35	
16	Fri	8:15	2.7	9:01	3.2	2:52	0.8	3:03	0.5	4:23	7:35	
17	Sat	9:12	2.8	9:47	3.4	3:42	0.6	3:47	0.4	4:23	7:36	
18	Sun	10:04	2.9	10:28	3.6	4:30	0.4	4:30	0.3	4:23	7:36	
19	Mon	10:51	3.0	11:08	3.8	5:18	0.2	5:16	0.2	4:24	7:36	
20	Tue	11:35	3.1	11:50	4.0	6:06	0.0	6:03	0.1	4:24	7:37	
21	Wed			12:20	3.2	6:55	-0.2	6:53	0.1	4:24	7:37	
22	Thu	12:34	4.1	1:09	3.2	7:43	-0.3	7:42	0.0	4:24	7:37	
23	Fri	1:22	4.1	2:04	3.2	8:30	-0.3	8:32	0.0	4:25	7:37	
24	Sat	2:17	4.0	3:03	3.3	9:17	-0.3	9:24	0.1	4:25	7:37	
25	Sun	3:17	3.9	4:05	3.3	10:07	-0.3	10:20	0.2	4:25	7:37	
26	Mon	4:19	3.7	5:05	3.4	11:02	-0.2	11:25	0.3	4:25	7:37	
27	Tue	5:18	3.6	6:01	3.5			12:01	-0.1	4:26	7:38	
28	Wed	6:15	3.4	6:56	3.5	12:35	0.4	1:00	0.0	4:26	7:38	
29	Thu	7:13	3.3	7:53	3.6	1:41	0.4	1:58	0.0	4:27	7:37	
30	Fri	8:14	3.2	8:52	3.7	2:43	0.3	2:53	0.0	4:27	7:37	