US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1758

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:47	3.1	11:04	3.7	5:03	0.2	5:00	0.4	4:53	7:17	
2	Wed	11:33	3.1	11:46	3.7	5:50	0.1	5:47	0.4	4:54	7:16	
3	Thu			12:16	3.2	6:35	0.1	6:32	0.4	4:55	7:15	
4	Fri	12:25	3.7	12:59	3.2	7:17	0.1	7:15	0.4	4:56	7:14	
5	Sat	1:04	3.6	1:41	3.2	7:56	0.1	7:55	0.4	4:57	7:13	
6	Sun	1:42	3.5	2:23	3.2	8:32	0.2	8:33	0.5	4:58	7:11	
7	Mon	2:19	3.4	3:05	3.1	9:06	0.2	9:10	0.6	4:59	7:10	
8	Tue	2:56	3.2	3:47	3.1	9:39	0.3	9:46	0.7	5:00	7:09	
9	Wed	3:33	3.1	4:27	3.1	10:09	0.5	10:25	0.8	5:01	7:07	
10	Thu	4:12	3.0	5:05	3.1	10:40	0.6	11:14	0.9	5:02	7:06	
11	Fri	4:55	2.9	5:42	3.2	11:19	0.7			5:03	7:05	
12	Sat	5:42	2.8	6:24	3.3	12:22	0.9	12:15	0.7	5:04	7:03	
13	Sun	6:35	2.8	7:15	3.4	1:32	0.9	1:24	0.7	5:05	7:02	
14	Mon	7:39	2.8	8:17	3.5	2:35	0.7	2:30	0.6	5:06	7:01	
15	Tue	8:51	2.9	9:22	3.7	3:32	0.5	3:30	0.5	5:07	6:59	
16	Wed	9:57	3.1	10:21	4.0	4:25	0.2	4:26	0.3	5:08	6:58	
17	Thu	10:53	3.3	11:13	4.2	5:17	0.0	5:22	0.1	5:09	6:56	
18	Fri	11:44	3.6			6:09	-0.3	6:18	-0.1	5:10	6:55	
19	Sat	12:04	4.3	12:35	3.8	6:59	-0.4	7:12	-0.2	5:11	6:53	
20	Sun	12:56	4.3	1:28	3.9	7:48	-0.5	8:05	-0.3	5:12	6:52	
21	Mon	1:49	4.2	2:23	3.9	8:35	-0.5	8:57	-0.2	5:13	6:50	
22	Tue	2:45	4.0	3:20	3.9	9:22	-0.4	9:50	-0.1	5:14	6:49	
23	Wed	3:43	3.8	4:18	3.8	10:11	-0.2	10:48	0.2	5:16	6:47	
24	Thu	4:41	3.6	5:15	3.8	11:04	0.0	11:51	0.4	5:17	6:46	
25	Fri	5:38	3.4	6:09	3.7			12:03	0.3	5:18	6:44	
26	Sat	6:35	3.2	7:04	3.5	12:58	0.5	1:05	0.5	5:19	6:43	
27	Sun	7:33	3.0	8:02	3.5	2:01	0.5	2:05	0.6	5:20	6:41	
28	Mon	8:35	3.0	9:02	3.4	3:00	0.5	3:01	0.6	5:21	6:39	
29	Tue	9:35	3.0	9:57	3.5	3:52	0.4	3:52	0.6	5:22	6:38	
30	Wed	10:27	3.1	10:44	3.6	4:40	0.4	4:39	0.5	5:23	6:36	
31	Thu	11:11	3.2	11:25	3.6	5:24	0.3	5:25	0.5	5:24	6:35	