US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 1759

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**3:12**	3.8	**3:49**	3.3	**9:56**	-0.4	**10:04**	-0.2	5:42	6:24	
2	Mon	**4:09**	3.6	**4:48**	3.1	**10:52**	-0.1	**10:59**	0.1	5:40	6:25	
3	Tue	**5:07**	3.4	**5:47**	2.9	**11:56**	0.1			5:39	6:26	
4	Wed	**6:04**	3.2	**6:45**	2.8	**12:03**	0.4	**1:02**	0.2	5:37	6:27	
5	Thu	**7:03**	3.0	**7:45**	2.7	**1:11**	0.5	**2:06**	0.3	5:35	6:29	
6	Fri	**8:06**	2.9	**8:47**	2.8	**2:15**	0.6	**3:03**	0.3	5:34	6:30	
7	Sat	**9:09**	2.9	**9:44**	2.9	**3:12**	0.5	**3:52**	0.2	5:32	6:31	
8	Sun	**10:03**	3.0	**10:31**	3.0	**4:03**	0.4	**4:37**	0.2	5:30	6:32	
9	Mon	**10:49**	3.1	**11:12**	3.2	**4:50**	0.3	**5:18**	0.1	5:29	6:33	
10	Tue	**11:28**	3.1	**11:50**	3.3	**5:34**	0.2	**5:57**	0.0	5:27	6:34	
11	Wed			**12:05**	3.2	**6:16**	0.1	**6:35**	0.0	5:25	6:35	
12	Thu	**12:25**	3.4	**12:40**	3.1	**6:57**	0.0	**7:11**	0.0	5:24	6:36	
13	Fri	**12:58**	3.4	**1:14**	3.1	**7:35**	0.0	**7:45**	0.1	5:22	6:37	
14	Sat	**1:29**	3.4	**1:47**	3.0	**8:12**	0.0	**8:16**	0.2	5:21	6:38	
15	Sun	**1:57**	3.3	**2:19**	2.8	**8:47**	0.1	**8:44**	0.3	5:19	6:39	
16	Mon	**2:26**	3.3	**2:55**	2.7	**9:22**	0.2	**9:11**	0.4	5:17	6:40	
17	Tue	**2:59**	3.2	**3:38**	2.6	**9:59**	0.3	**9:43**	0.5	5:16	6:42	
18	Wed	**3:44**	3.2	**4:31**	2.6	**10:44**	0.4	**10:26**	0.6	5:14	6:43	
19	Thu	**4:39**	3.1	**5:29**	2.6	**11:49**	0.5	**11:33**	0.7	5:13	6:44	
20	Fri	**5:41**	3.1	**6:29**	2.7			**1:03**	0.4	5:11	6:45	
21	Sat	**6:46**	3.2	**7:35**	2.8	**1:10**	0.7	**2:09**	0.3	5:10	6:46	
22	Sun	**7:57**	3.2	**8:44**	3.1	**2:26**	0.5	**3:06**	0.1	5:08	6:47	
23	Mon	**9:09**	3.4	**9:45**	3.4	**3:29**	0.2	**3:59**	-0.1	5:07	6:48	
24	Tue	**10:10**	3.6	**10:39**	3.7	**4:26**	-0.1	**4:49**	-0.3	5:05	6:49	
25	Wed	**11:04**	3.7	**11:28**	4.0	**5:21**	-0.3	**5:39**	-0.5	5:04	6:50	
26	Thu	**11:54**	3.8			**6:15**	-0.5	**6:29**	-0.6	5:02	6:51	
27	Fri	**12:16**	4.2	**12:45**	3.7	**7:07**	-0.6	**7:18**	-0.6	5:01	6:52	
28	Sat	**1:04**	4.2	**1:37**	3.6	**7:58**	-0.6	**8:05**	-0.5	5:00	6:53	
29	Sun	**1:54**	4.1	**2:33**	3.4	**8:48**	-0.5	**8:53**	-0.2	4:58	6:55	
30	Mon	**2:48**	3.9	**3:31**	3.3	**9:38**	-0.3	**9:41**	0.0	4:57	6:56	