US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 1759

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:08	2.6	7:36	3.2	1:56	0.9	1:47	1.0	5:25	6:33	
2	Sun	8:14	2.7	8:39	3.4	2:54	0.8	2:49	0.8	5:26	6:32	
3	Mon	9:20	2.8	9:39	3.6	3:46	0.6	3:44	0.6	5:27	6:30	
4	Tue	10:14	3.1	10:31	3.8	4:34	0.3	4:37	0.4	5:28	6:28	
5	Wed	11:01	3.3	11:18	4.0	5:22	0.1	5:29	0.2	5:29	6:27	
6	Thu	11:46	3.6			6:09	-0.1	6:21	0.0	5:30	6:25	
7	Fri	12:04	4.2	12:31	3.8	6:56	-0.3	7:13	-0.2	5:31	6:23	
8	Sat	12:51	4.2	1:19	4.0	7:41	-0.4	8:03	-0.2	5:32	6:22	
9	Sun	1:41	4.1	2:10	4.0	8:26	-0.4	8:53	-0.2	5:33	6:20	
10	Mon	2:35	3.9	3:05	4.0	9:11	-0.3	9:46	0.0	5:34	6:18	
11	Tue	3:33	3.7	4:04	3.9	9:59	-0.1	10:44	0.2	5:35	6:16	
12	Wed	4:34	3.5	5:03	3.8	10:53	0.1	11:50	0.4	5:36	6:15	
13	Thu	5:35	3.3	6:02	3.7	11:56	0.4			5:37	6:13	
14	Fri	6:36	3.2	7:02	3.6	12:59	0.5	1:04	0.5	5:38	6:11	
15	Sat	7:38	3.1	8:05	3.5	2:04	0.5	2:09	0.6	5:39	6:09	
16	Sun	8:44	3.1	9:09	3.5	3:04	0.4	3:08	0.6	5:40	6:08	
17	Mon	9:44	3.2	10:05	3.6	3:57	0.3	4:02	0.5	5:41	6:06	
18	Tue	10:35	3.3	10:52	3.6	4:45	0.2	4:51	0.4	5:42	6:04	
19	Wed	11:19	3.4	11:33	3.7	5:30	0.2	5:37	0.4	5:43	6:03	
20	Thu	11:59	3.5			6:12	0.1	6:21	0.3	5:44	6:01	
21	Fri	12:11	3.6	12:37	3.6	6:51	0.1	7:03	0.3	5:45	5:59	
22	Sat	12:48	3.6	1:14	3.6	7:28	0.2	7:43	0.3	5:46	5:57	
23	Sun	1:24	3.4	1:50	3.5	8:02	0.2	8:21	0.4	5:47	5:56	
24	Mon	1:59	3.3	2:26	3.5	8:34	0.4	8:57	0.5	5:48	5:54	
25	Tue	2:35	3.1	3:01	3.4	9:02	0.5	9:33	0.6	5:49	5:52	
26	Wed	3:13	2.9	3:38	3.3	9:28	0.7	10:10	0.8	5:51	5:50	
27	Thu	3:56	2.8	4:17	3.2	9:55	0.8	10:57	0.9	5:52	5:49	
28	Fri	4:45	2.7	5:03	3.2	10:31	0.9			5:53	5:47	
29	Sat	5:38	2.6	5:55	3.2	12:05	1.0	11:30 AM	1.0	5:54	5:45	
30	Sun	6:35	2.7	6:53	3.3	1:18	0.9	1:06	1.0	5:55	5:44	