US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 1760

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:15	3.8	11:46	3.1	5:16	-0.5	6:09	-0.5	7:27	4:40	
2	Wed			12:04	3.8	6:09	-0.5	7:00	-0.6	7:27	4:41	
3	Thu	12:37	3.1	12:53	3.8	7:01	-0.4	7:50	-0.6	7:27	4:41	
4	Fri	1:29	3.1	1:43	3.6	7:50	-0.4	8:36	-0.6	7:27	4:42	
5	Sat	2:22	3.0	2:34	3.4	8:37	-0.2	9:21	-0.4	7:27	4:43	
6	Sun	3:16	2.9	3:25	3.2	9:23	0.0	10:07	-0.3	7:27	4:44	
7	Mon	4:09	2.8	4:17	3.0	10:10	0.2	10:53	-0.1	7:27	4:45	
8	Tue	4:59	2.8	5:06	2.8	11:02	0.4	11:43	0.1	7:27	4:46	
9	Wed	5:47	2.7	5:54	2.6			12:01	0.5	7:27	4:47	
10	Thu	6:34	2.7	6:41	2.5	12:35	0.3	1:04	0.6	7:26	4:48	
11	Fri	7:21	2.7	7:32	2.3	1:26	0.3	2:03	0.6	7:26	4:49	
12	Sat	8:12	2.8	8:30	2.3	2:16	0.4	2:58	0.5	7:26	4:50	
13	Sun	9:06	2.8	9:29	2.3	3:03	0.3	3:48	0.3	7:25	4:52	
14	Mon	9:55	3.0	10:20	2.4	3:48	0.3	4:35	0.2	7:25	4:53	
15	Tue	10:39	3.1	11:04	2.5	4:33	0.2	5:20	0.0	7:25	4:54	
16	Wed	11:18	3.2	11:44	2.6	5:17	0.1	6:05	-0.1	7:24	4:55	
17	Thu	11:55	3.4			6:01	0.0	6:49	-0.3	7:24	4:56	
18	Fri	12:22	2.7	12:32	3.4	6:45	-0.1	7:31	-0.4	7:23	4:57	
19	Sat	1:00	2.7	1:10	3.5	7:28	-0.2	8:11	-0.4	7:22	4:58	
20	Sun	1:39	2.8	1:51	3.4	8:10	-0.2	8:50	-0.5	7:22	5:00	
21	Mon	2:23	2.8	2:37	3.4	8:52	-0.2	9:30	-0.4	7:21	5:01	
22	Tue	3:12	2.9	3:28	3.3	9:38	-0.1	10:13	-0.4	7:21	5:02	
23	Wed	4:05	3.0	4:24	3.1	10:31	0.0	11:01	-0.3	7:20	5:03	
24	Thu	5:00	3.0	5:21	3.0	11:37	0.1	11:59	-0.2	7:19	5:05	
25	Fri	5:56	3.1	6:19	2.8			12:51	0.1	7:18	5:06	
26	Sat	6:54	3.1	7:23	2.7	1:04	-0.1	2:02	0.1	7:18	5:07	
27	Sun	7:59	3.2	8:34	2.6	2:08	-0.1	3:07	0.0	7:17	5:08	
28	Mon	9:08	3.3	9:43	2.7	3:10	-0.2	4:06	-0.2	7:16	5:10	
29	Tue	10:11	3.4	10:43	2.8	4:07	-0.3	5:01	-0.3	7:15	5:11	
30	Wed	11:05	3.5	11:35	3.0	5:02	-0.3	5:54	-0.5	7:14	5:12	
31	Thu	11:54	3.6			5:55	-0.4	6:43	-0.6	7:13	5:13	