US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1760

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:07	3.1	12:23	3.4	6:29	-0.3	7:05	-0.4	6:33	5:50	
2	Sun	12:50	3.2	1:04	3.4	7:14	-0.3	7:45	-0.4	6:31	5:52	
3	Mon	1:30	3.2	1:44	3.3	7:56	-0.2	8:22	-0.3	6:30	5:53	
4	Tue	2:11	3.2	2:24	3.1	8:35	-0.2	8:56	-0.2	6:28	5:54	
5	Wed	2:51	3.1	3:04	2.9	9:12	0.0	9:28	0.0	6:27	5:55	
6	Thu	3:31	3.0	3:46	2.7	9:49	0.2	9:58	0.2	6:25	5:56	
7	Fri	4:12	2.9	4:29	2.5	10:29	0.3	10:27	0.4	6:23	5:57	
8	Sat	4:53	2.8	5:14	2.4	11:17	0.5	11:02	0.6	6:22	5:59	
9	Sun	5:34	2.7	6:01	2.3			12:21	0.6	6:20	6:00	
10	Mon	6:19	2.7	6:54	2.2	12:01	0.7	1:31	0.7	6:18	6:01	
11	Tue	7:14	2.7	7:59	2.2	1:26	0.8	2:33	0.6	6:17	6:02	
12	Wed	8:21	2.8	9:07	2.4	2:34	0.7	3:27	0.4	6:15	6:03	
13	Thu	9:26	3.0	10:03	2.6	3:31	0.5	4:17	0.2	6:13	6:04	
14	Fri	10:19	3.2	10:48	2.9	4:23	0.2	5:03	-0.1	6:12	6:05	
15	Sat	11:05	3.4	11:29	3.2	5:13	0.0	5:48	-0.3	6:10	6:06	
16	Sun	11:48	3.6			6:02	-0.3	6:33	-0.5	6:08	6:08	
17	Mon	12:10	3.4	12:31	3.7	6:51	-0.5	7:17	-0.6	6:06	6:09	
18	Tue	12:52	3.6	1:17	3.7	7:40	-0.6	7:59	-0.7	6:05	6:10	
19	Wed	1:37	3.7	2:06	3.5	8:27	-0.6	8:42	-0.6	6:03	6:11	
20	Thu	2:26	3.7	2:59	3.4	9:16	-0.5	9:26	-0.5	6:01	6:12	
21	Fri	3:20	3.7	3:58	3.2	10:08	-0.3	10:15	-0.2	6:00	6:13	
22	Sat	4:19	3.5	4:59	3.0	11:09	-0.1	11:13	0.0	5:58	6:14	
23	Sun	5:19	3.4	6:01	2.9			12:17	0.1	5:56	6:15	
24	Mon	6:21	3.2	7:04	2.8	12:23	0.2	1:28	0.2	5:54	6:16	
25	Tue	7:27	3.1	8:12	2.8	1:36	0.3	2:33	0.1	5:53	6:17	
26	Wed	8:38	3.1	9:18	2.9	2:42	0.3	3:31	0.1	5:51	6:19	
27	Thu	9:43	3.1	10:15	3.0	3:41	0.2	4:23	0.0	5:49	6:20	
28	Fri	10:36	3.2	11:03	3.2	4:34	0.1	5:10	-0.1	5:48	6:21	
29	Sat	11:21	3.3	11:44	3.3	5:23	0.0	5:54	-0.2	5:46	6:22	
30	Sun			12:01	3.3	6:09	-0.1	6:35	-0.2	5:44	6:23	
31	Mon	12:23	3.4	12:39	3.3	6:52	-0.1	7:13	-0.2	5:42	6:24	