US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1761

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:25	4.2	1:04	3.6	7:24	-0.4	7:29	-0.2	4:53	7:17	
2	Sun	1:18	4.2	1:59	3.6	8:13	-0.5	8:21	-0.1	4:54	7:16	
3	Mon	2:12	4.0	2:55	3.7	9:00	-0.4	9:11	0.0	4:55	7:15	
4	Tue	3:07	3.8	3:50	3.6	9:46	-0.2	10:03	0.2	4:56	7:13	
5	Wed	4:02	3.6	4:43	3.6	10:33	0.0	10:58	0.4	4:57	7:12	
6	Thu	4:55	3.3	5:33	3.5	11:23	0.2	11:59	0.6	4:58	7:11	
7	Fri	5:46	3.1	6:21	3.4			12:17	0.5	4:59	7:10	
8	Sat	6:37	2.9	7:09	3.4	1:01	0.7	1:12	0.6	5:00	7:08	
9	Sun	7:31	2.7	8:01	3.3	2:02	0.8	2:05	0.8	5:01	7:07	
10	Mon	8:30	2.6	8:57	3.3	2:57	0.7	2:57	0.8	5:02	7:06	
11	Tue	9:30	2.7	9:51	3.4	3:48	0.6	3:45	0.8	5:03	7:04	
12	Wed	10:22	2.8	10:38	3.5	4:34	0.6	4:32	0.7	5:04	7:03	
13	Thu	11:08	2.9	11:19	3.6	5:18	0.4	5:17	0.6	5:05	7:02	
14	Fri	11:49	3.0	11:57	3.6	6:01	0.3	6:01	0.6	5:06	7:00	
15	Sat			12:27	3.1	6:42	0.2	6:44	0.5	5:07	6:59	
16	Sun	12:33	3.6	1:03	3.1	7:21	0.2	7:25	0.5	5:09	6:57	
17	Mon	1:06	3.6	1:37	3.2	7:57	0.1	8:03	0.5	5:10	6:56	
18	Tue	1:39	3.6	2:10	3.2	8:31	0.1	8:41	0.5	5:11	6:55	
19	Wed	2:14	3.5	2:44	3.3	9:02	0.2	9:18	0.5	5:12	6:53	
20	Thu	2:53	3.3	3:24	3.4	9:34	0.2	10:00	0.6	5:13	6:52	
21	Fri	3:40	3.2	4:11	3.5	10:09	0.3	10:53	0.7	5:14	6:50	
22	Sat	4:34	3.1	5:03	3.5	10:53	0.4			5:15	6:48	
23	Sun	5:32	3.0	5:59	3.6	12:05	0.7	11:53 AM	0.5	5:16	6:47	
24	Mon	6:34	2.9	7:01	3.6	1:21	0.7	1:09	0.5	5:17	6:45	
25	Tue	7:44	2.9	8:12	3.7	2:30	0.6	2:22	0.5	5:18	6:44	
26	Wed	9:00	3.0	9:25	3.8	3:32	0.4	3:28	0.3	5:19	6:42	
27	Thu	10:07	3.2	10:28	4.0	4:28	0.1	4:28	0.2	5:20	6:41	
28	Fri	11:04	3.5	11:22	4.1	5:21	-0.1	5:25	0.0	5:21	6:39	
29	Sat	11:55	3.7			6:12	-0.3	6:20	-0.1	5:22	6:37	
30	Sun	12:11	4.1	12:45	3.8	7:01	-0.4	7:13	-0.1	5:23	6:36	
31	Mon	1:00	4.1	1:34	3.9	7:48	-0.4	8:02	-0.1	5:24	6:34	