US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1764

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**2:19**	3.7	**3:09**	3.5	**9:18**	-0.1	**9:30**	0.2	4:53	7:17	
2	Thu	**3:09**	3.5	**4:00**	3.6	**9:58**	0.0	**10:22**	0.3	4:54	7:15	
3	Fri	**4:04**	3.4	**4:53**	3.6	**10:43**	0.1	**11:25**	0.5	4:55	7:14	
4	Sat	**5:02**	3.2	**5:46**	3.7	**11:37**	0.2			4:56	7:13	
5	Sun	**6:01**	3.0	**6:42**	3.7	**12:36**	0.5	**12:42**	0.3	4:57	7:12	
6	Mon	**7:03**	2.9	**7:45**	3.7	**1:46**	0.5	**1:49**	0.4	4:58	7:11	
7	Tue	**8:14**	2.9	**8:52**	3.7	**2:51**	0.4	**2:54**	0.4	5:00	7:09	
8	Wed	**9:28**	2.9	**9:57**	3.8	**3:51**	0.3	**3:54**	0.3	5:01	7:08	
9	Thu	**10:30**	3.1	**10:52**	3.9	**4:46**	0.1	**4:51**	0.3	5:02	7:07	
10	Fri	**11:24**	3.2	**11:42**	3.9	**5:38**	0.0	**5:45**	0.2	5:03	7:05	
11	Sat			**12:13**	3.4	**6:27**	-0.1	**6:36**	0.2	5:04	7:04	
12	Sun	**12:28**	3.9	**12:59**	3.4	**7:13**	-0.1	**7:24**	0.2	5:05	7:03	
13	Mon	**1:12**	3.8	**1:44**	3.4	**7:55**	-0.1	**8:09**	0.3	5:06	7:01	
14	Tue	**1:56**	3.7	**2:28**	3.4	**8:34**	0.0	**8:51**	0.4	5:07	7:00	
15	Wed	**2:40**	3.5	**3:13**	3.4	**9:10**	0.1	**9:32**	0.5	5:08	6:59	
16	Thu	**3:25**	3.3	**3:57**	3.3	**9:45**	0.3	**10:15**	0.7	5:09	6:57	
17	Fri	**4:12**	3.1	**4:40**	3.2	**10:18**	0.5	**11:04**	0.9	5:10	6:56	
18	Sat	**4:59**	2.9	**5:22**	3.2	**10:53**	0.7			5:11	6:54	
19	Sun	**5:46**	2.7	**6:04**	3.1	**12:03**	1.0	**11:37 AM**	0.9	5:12	6:53	
20	Mon	**6:35**	2.6	**6:49**	3.1	**1:08**	1.1	**12:38**	1.0	5:13	6:51	
21	Tue	**7:31**	2.5	**7:43**	3.1	**2:09**	1.0	**1:44**	1.0	5:14	6:50	
22	Wed	**8:35**	2.5	**8:46**	3.2	**3:05**	0.9	**2:45**	1.0	5:15	6:48	
23	Thu	**9:36**	2.7	**9:43**	3.4	**3:54**	0.7	**3:38**	0.8	5:16	6:47	
24	Fri	**10:25**	2.9	**10:30**	3.6	**4:40**	0.5	**4:28**	0.6	5:17	6:45	
25	Sat	**11:08**	3.1	**11:12**	3.7	**5:24**	0.3	**5:17**	0.5	5:18	6:43	
26	Sun	**11:47**	3.3	**11:51**	3.9	**6:07**	0.1	**6:05**	0.3	5:19	6:42	
27	Mon			**12:26**	3.5	**6:49**	0.0	**6:54**	0.1	5:20	6:40	
28	Tue	**12:31**	3.9	**1:06**	3.7	**7:30**	-0.1	**7:41**	0.0	5:21	6:39	
29	Wed	**1:14**	3.9	**1:50**	3.8	**8:10**	-0.2	**8:28**	0.0	5:22	6:37	
30	Thu	**2:00**	3.7	**2:38**	3.9	**8:50**	-0.2	**9:16**	0.1	5:23	6:35	
31	Fri	**2:51**	3.6	**3:31**	3.9	**9:31**	0.0	**10:08**	0.2	5:24	6:34	