US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1765

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**10:45**	3.1	**11:09**	4.2	**5:13**	-0.1	**5:11**	0.0	4:28	7:37	
2	Tue	**11:42**	3.2			**6:09**	-0.2	**6:10**	-0.1	4:28	7:37	
3	Wed	**12:03**	4.2	**12:39**	3.3	**7:03**	-0.4	**7:07**	-0.1	4:29	7:37	
4	Thu	**12:58**	4.2	**1:37**	3.4	**7:55**	-0.4	**8:02**	-0.1	4:30	7:37	
5	Fri	**1:53**	4.1	**2:35**	3.4	**8:43**	-0.4	**8:54**	0.0	4:30	7:36	
6	Sat	**2:50**	3.9	**3:34**	3.4	**9:31**	-0.4	**9:46**	0.2	4:31	7:36	
7	Sun	**3:46**	3.7	**4:30**	3.4	**10:19**	-0.2	**10:42**	0.4	4:31	7:36	
8	Mon	**4:41**	3.5	**5:21**	3.4	**11:10**	0.0	**11:42**	0.6	4:32	7:35	
9	Tue	**5:32**	3.3	**6:09**	3.4			**12:02**	0.2	4:33	7:35	
10	Wed	**6:22**	3.0	**6:56**	3.3	**12:45**	0.7	**12:54**	0.4	4:34	7:35	
11	Thu	**7:13**	2.8	**7:45**	3.3	**1:47**	0.7	**1:45**	0.5	4:34	7:34	
12	Fri	**8:08**	2.7	**8:38**	3.3	**2:43**	0.7	**2:35**	0.6	4:35	7:34	
13	Sat	**9:07**	2.6	**9:30**	3.3	**3:35**	0.6	**3:22**	0.7	4:36	7:33	
14	Sun	**10:02**	2.7	**10:19**	3.4	**4:23**	0.5	**4:08**	0.7	4:37	7:33	
15	Mon	**10:51**	2.7	**11:02**	3.5	**5:09**	0.5	**4:53**	0.6	4:37	7:32	
16	Tue	**11:35**	2.8	**11:41**	3.5	**5:53**	0.4	**5:38**	0.6	4:38	7:31	
17	Wed			**12:17**	2.9	**6:36**	0.3	**6:23**	0.5	4:39	7:31	
18	Thu	**12:17**	3.6	**12:57**	2.9	**7:17**	0.2	**7:06**	0.5	4:40	7:30	
19	Fri	**12:51**	3.5	**1:37**	3.0	**7:55**	0.1	**7:46**	0.5	4:41	7:29	
20	Sat	**1:24**	3.5	**2:15**	3.0	**8:30**	0.1	**8:24**	0.5	4:42	7:28	
21	Sun	**1:57**	3.4	**2:53**	3.1	**9:03**	0.1	**9:01**	0.5	4:43	7:28	
22	Mon	**2:33**	3.4	**3:33**	3.1	**9:35**	0.2	**9:41**	0.6	4:44	7:27	
23	Tue	**3:16**	3.3	**4:14**	3.2	**10:08**	0.2	**10:28**	0.6	4:44	7:26	
24	Wed	**4:06**	3.2	**5:00**	3.4	**10:45**	0.3	**11:28**	0.7	4:45	7:25	
25	Thu	**5:00**	3.0	**5:48**	3.5	**11:34**	0.4			4:46	7:24	
26	Fri	**5:57**	2.9	**6:42**	3.6	**12:43**	0.7	**12:39**	0.4	4:47	7:23	
27	Sat	**7:00**	2.9	**7:45**	3.7	**1:55**	0.6	**1:50**	0.4	4:48	7:22	
28	Sun	**8:13**	2.8	**8:55**	3.8	**3:01**	0.4	**2:58**	0.3	4:49	7:21	
29	Mon	**9:30**	2.9	**10:01**	3.9	**4:01**	0.2	**4:00**	0.2	4:50	7:20	
30	Tue	**10:36**	3.1	**11:00**	4.1	**4:58**	0.0	**5:00**	0.1	4:51	7:19	
31	Wed	**11:33**	3.3	**11:53**	4.2	**5:52**	-0.2	**5:58**	0.0	4:52	7:18	