US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 1768

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:15	3.2	11:39	3.1	5:13	0.0	5:50	-0.2	6:33	5:51	
2	Wed	11:55	3.2			5:59	-0.1	6:31	-0.2	6:31	5:52	
3	Thu	12:17	3.2	12:32	3.2	6:42	-0.2	7:08	-0.3	6:30	5:53	
4	Fri	12:54	3.2	1:08	3.1	7:22	-0.2	7:44	-0.2	6:28	5:54	
5	Sat	1:30	3.2	1:43	3.0	8:00	-0.1	8:16	-0.1	6:26	5:55	
6	Sun	2:05	3.2	2:17	2.9	8:36	-0.1	8:46	0.0	6:25	5:56	
7	Mon	2:39	3.1	2:52	2.7	9:10	0.1	9:12	0.1	6:23	5:58	
8	Tue	3:11	3.0	3:27	2.6	9:43	0.2	9:36	0.3	6:21	5:59	
9	Wed	3:45	2.9	4:07	2.4	10:19	0.4	10:04	0.4	6:20	6:00	
10	Thu	4:24	2.8	4:53	2.3	11:06	0.5	10:44	0.6	6:18	6:01	
11	Fri	5:12	2.8	5:47	2.3			12:19	0.6	6:16	6:02	
12	Sat	6:07	2.8	6:47	2.3			1:35	0.5	6:15	6:03	
13	Sun	7:12	2.9	7:58	2.4	1:30	0.6	2:39	0.4	6:13	6:04	
14	Mon	8:26	3.0	9:08	2.7	2:44	0.5	3:33	0.2	6:11	6:05	
15	Tue	9:34	3.2	10:06	3.0	3:44	0.2	4:23	-0.1	6:10	6:07	
16	Wed	10:30	3.4	10:55	3.4	4:39	-0.1	5:11	-0.4	6:08	6:08	
17	Thu	11:19	3.6	11:42	3.7	5:33	-0.4	5:59	-0.6	6:06	6:09	
18	Fri			12:06	3.7	6:26	-0.6	6:46	-0.7	6:05	6:10	
19	Sat	12:28	3.9	12:55	3.7	7:17	-0.7	7:33	-0.8	6:03	6:11	
20	Sun	1:15	4.0	1:45	3.6	8:07	-0.8	8:19	-0.7	6:01	6:12	
21	Mon	2:06	3.9	2:40	3.4	8:57	-0.7	9:05	-0.5	5:59	6:13	
22	Tue	3:00	3.8	3:39	3.2	9:49	-0.4	9:54	-0.3	5:58	6:14	
23	Wed	3:59	3.6	4:40	3.0	10:45	-0.2	10:50	0.0	5:56	6:15	
24	Thu	5:00	3.4	5:41	2.9	11:50	0.1	11:56	0.3	5:54	6:16	
25	Fri	6:00	3.2	6:41	2.8			12:58	0.2	5:53	6:18	
26	Sat	7:01	3.0	7:42	2.7	1:07	0.5	2:03	0.2	5:51	6:19	
27	Sun	8:05	2.9	8:45	2.8	2:13	0.5	3:00	0.2	5:49	6:20	
28	Mon	9:09	2.9	9:42	2.9	3:12	0.4	3:50	0.2	5:47	6:21	
29	Tue	10:03	3.0	10:30	3.1	4:03	0.3	4:35	0.1	5:46	6:22	
30	Wed	10:48	3.0	11:11	3.2	4:50	0.2	5:16	0.0	5:44	6:23	
31	Thu	11:28	3.1	11:48	3.4	5:34	0.1	5:55	0.0	5:42	6:24	