US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 1769

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:10	3.2	10:33	4.1	4:38	0.0	4:34	-0.1	4:28	7:37	
2	Sun	11:09	3.3	11:28	4.2	5:33	-0.2	5:32	-0.2	4:28	7:37	
3	Mon			12:05	3.5	6:27	-0.4	6:29	-0.2	4:29	7:37	
4	Tue	12:20	4.2	12:59	3.5	7:20	-0.5	7:23	-0.2	4:30	7:37	
5	Wed	1:13	4.1	1:55	3.6	8:09	-0.5	8:15	-0.1	4:30	7:36	
6	Thu	2:07	4.0	2:51	3.5	8:56	-0.4	9:05	0.0	4:31	7:36	
7	Fri	3:01	3.8	3:46	3.5	9:42	-0.3	9:56	0.2	4:32	7:36	
8	Sat	3:55	3.5	4:38	3.5	10:29	-0.1	10:49	0.4	4:32	7:35	
9	Sun	4:48	3.3	5:28	3.4	11:19	0.2	11:48	0.6	4:33	7:35	
10	Mon	5:38	3.1	6:15	3.4			12:10	0.4	4:34	7:35	
11	Tue	6:26	2.9	7:02	3.3	12:49	0.7	1:03	0.5	4:34	7:34	
12	Wed	7:17	2.7	7:51	3.3	1:48	0.8	1:54	0.6	4:35	7:34	
13	Thu	8:13	2.6	8:44	3.3	2:43	0.7	2:44	0.7	4:36	7:33	
14	Fri	9:12	2.6	9:37	3.4	3:34	0.6	3:31	0.7	4:37	7:32	
15	Sat	10:06	2.7	10:24	3.5	4:21	0.5	4:17	0.6	4:37	7:32	
16	Sun	10:53	2.8	11:07	3.5	5:06	0.4	5:02	0.6	4:38	7:31	
17	Mon	11:36	2.9	11:45	3.6	5:50	0.3	5:47	0.5	4:39	7:31	
18	Tue			12:15	3.0	6:33	0.2	6:31	0.5	4:40	7:30	
19	Wed	12:21	3.6	12:53	3.0	7:13	0.1	7:14	0.4	4:41	7:29	
20	Thu	12:55	3.6	1:29	3.1	7:51	0.0	7:55	0.4	4:42	7:28	
21	Fri	1:29	3.6	2:05	3.2	8:27	0.0	8:34	0.4	4:43	7:28	
22	Sat	2:06	3.5	2:44	3.2	9:02	0.0	9:14	0.4	4:44	7:27	
23	Sun	2:49	3.4	3:28	3.3	9:37	0.0	9:58	0.5	4:45	7:26	
24	Mon	3:38	3.3	4:17	3.4	10:15	0.1	10:53	0.6	4:45	7:25	
25	Tue	4:33	3.2	5:09	3.5	11:02	0.2			4:46	7:24	
26	Wed	5:30	3.1	6:04	3.6	12:02	0.6	12:01	0.3	4:47	7:23	
27	Thu	6:31	3.0	7:04	3.7	1:16	0.6	1:11	0.3	4:48	7:22	
28	Fri	7:38	3.0	8:11	3.7	2:24	0.5	2:19	0.3	4:49	7:21	
29	Sat	8:51	3.0	9:21	3.8	3:25	0.3	3:23	0.2	4:50	7:20	
30	Sun	9:59	3.2	10:23	4.0	4:22	0.1	4:22	0.1	4:51	7:19	
31	Mon	10:58	3.4	11:17	4.1	5:16	-0.1	5:19	0.0	4:52	7:18	