US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1769

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:51	3.6			6:09	-0.3	6:14	-0.1	4:53	7:17	
2	Wed	12:07	4.1	12:42	3.7	6:59	-0.4	7:07	-0.1	4:54	7:16	
3	Thu	12:56	4.0	1:32	3.7	7:45	-0.4	7:56	-0.1	4:55	7:15	
4	Fri	1:44	3.9	2:21	3.7	8:29	-0.3	8:43	0.1	4:56	7:13	
5	Sat	2:33	3.7	3:11	3.6	9:11	-0.2	9:29	0.2	4:57	7:12	
6	Sun	3:23	3.5	4:01	3.5	9:53	0.1	10:16	0.5	4:58	7:11	
7	Mon	4:13	3.2	4:49	3.4	10:35	0.3	11:08	0.7	4:59	7:10	
8	Tue	5:03	3.0	5:36	3.3	11:21	0.6			5:00	7:08	
9	Wed	5:51	2.8	6:22	3.3	12:07	0.8	12:13	0.8	5:01	7:07	
10	Thu	6:41	2.7	7:11	3.2	1:08	0.9	1:10	0.9	5:02	7:06	
11	Fri	7:36	2.6	8:05	3.2	2:07	0.9	2:06	0.9	5:03	7:04	
12	Sat	8:36	2.6	9:02	3.3	3:01	0.8	2:59	0.9	5:04	7:03	
13	Sun	9:35	2.7	9:54	3.4	3:49	0.7	3:49	0.8	5:06	7:02	
14	Mon	10:25	2.9	10:39	3.5	4:35	0.5	4:35	0.6	5:07	7:00	
15	Tue	11:07	3.0	11:18	3.6	5:18	0.4	5:21	0.5	5:08	6:59	
16	Wed	11:45	3.2	11:54	3.7	6:00	0.2	6:06	0.4	5:09	6:57	
17	Thu			12:20	3.3	6:40	0.1	6:50	0.3	5:10	6:56	
18	Fri	12:29	3.7	12:54	3.5	7:19	0.0	7:33	0.2	5:11	6:54	
19	Sat	1:05	3.7	1:30	3.6	7:57	-0.1	8:16	0.2	5:12	6:53	
20	Sun	1:44	3.6	2:10	3.6	8:33	-0.1	8:59	0.2	5:13	6:51	
21	Mon	2:29	3.5	2:57	3.7	9:11	0.0	9:45	0.3	5:14	6:50	
22	Tue	3:21	3.4	3:50	3.7	9:51	0.1	10:40	0.4	5:15	6:48	
23	Wed	4:20	3.2	4:49	3.7	10:40	0.2	11:48	0.5	5:16	6:47	
24	Thu	5:22	3.1	5:50	3.7	11:44	0.4			5:17	6:45	
25	Fri	6:25	3.0	6:53	3.7	1:01	0.6	12:59	0.4	5:18	6:44	
26	Sat	7:33	3.0	8:02	3.7	2:09	0.5	2:10	0.4	5:19	6:42	
27	Sun	8:44	3.1	9:11	3.7	3:10	0.3	3:14	0.3	5:20	6:41	
28	Mon	9:49	3.3	10:12	3.8	4:06	0.1	4:12	0.2	5:21	6:39	
29	Tue	10:45	3.5	11:04	3.9	4:57	0.0	5:06	0.1	5:22	6:37	
30	Wed	11:34	3.7	11:50	4.0	5:47	-0.2	5:58	0.0	5:23	6:36	
31	Thu			12:20	3.8	6:33	-0.2	6:48	0.0	5:24	6:34	